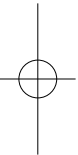
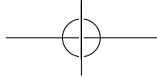




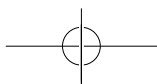
真正的浪漫，是在生活之中，展現出一種柔和和輕鬆的能量。一種很溫馨的愛的微細的振動力，那才是真浪漫。你接觸這種真正浪漫的人，你內心的煩惱，不好的能量會瞬間消失，那才是一個真浪漫的人。

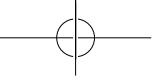
Being truly romantic is to express a kind of gentle and comfortable energy in your daily life. It is a form of very warming, loving, and subtle vibration. That is truly romantic. When you get in touch with such a truly romantic person, your worries inside and bad energy will disappear instantly. That is a truly romantic person.



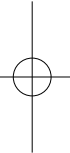
愛自己就是讓自己不生氣，很開心，不執著。

To love your self is not to let yourself be angry, be happy, but not attached.

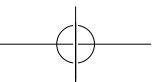


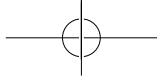


進化是你的概念轉換到哪裡，而且你也
能夠真實地做到。



Being evolved is wherever your conception
has transformed, and you can also truly
accomplish.

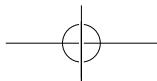
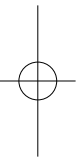




要進步快，就是對自己絕不能打折。



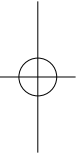
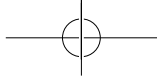
To make progress quickly is never to have concession to your own.





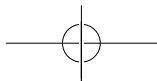
所謂的開悟就是融入宇宙的波長，自然而然而你所接收的訊息就不一樣了。

The so called enlightenment is to blend into the universal wavelength, then naturally the information you receive will be different.



不管自己的習性有多重都沒關係，下定
決心去調整那才是最重要的。

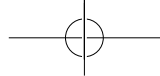
It doesn't matter how heavy your attachment is.
The determination to adjust is the most important.





想辦法一步步去實現，你自然就會獲得你該有的能量。

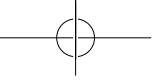
Try to accomplish step by step, then you will gain the energy you deserve naturally.



我們平常講好聽的習慣，答應也很簡單，碰到障礙時沒有為你自己的承諾去實現，那才是傷害最重的。要知道一句話輕描淡寫，所注入的能量就是永恆的能量。

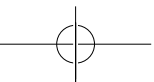
We have habits of saying nice words and making promises easily, but you do not carry out your promise when encountering obstacles, and the damage is the most severe. You must know that, even for a casual word, the infused energy is eternal.

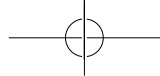




你的心你的能量才是真正的智慧，
才是你真正的生命。

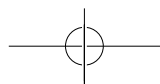
Your heart and your energy is the true
wisdom, which is your true life.





如果你連身邊每一個情況都還感受不到，那你還談什麼修行？

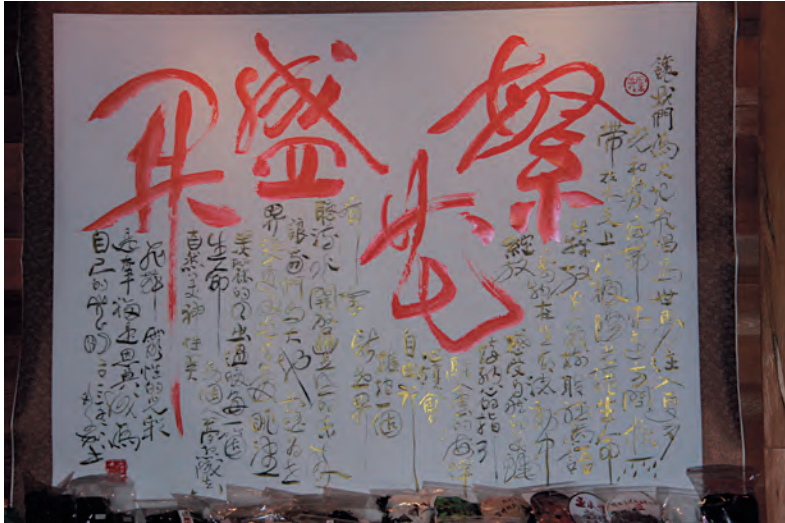
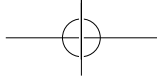
If you cannot even feel every circumstance around you, then what spiritual practice is there to talk about?





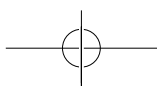
能夠連接真正內在最深的自己，
才能夠回到源頭。

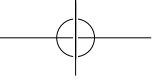
Being able to connect to your true
profound inner self, you can then go
back to the origin.



沒有了自我意識，就是宇宙意識。

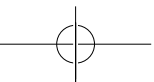
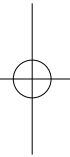
Without self-consciousness, that is
universal consciousness.

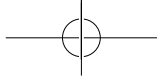




跟動植物所有不斷的交織創造出更新的
能量，就是在創造美化這個世界。

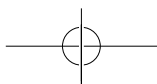
All the constant interacting with animals and
plants creates newer energy. It is creating and
beautifying the world.





用心去感受什麼該做？什麼不該做？
那就是愛心了。

Use your heart to sense what should be done and
what should not be done. That is compassion.

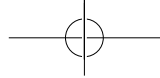




生命是叫你體驗，不是叫你一直要經歷。

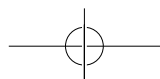
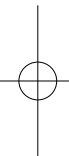


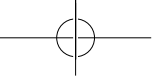
Life is to let you comprehend, not to ask you to keep experiencing.



因為你對自己打折，傷害的是你的自信。

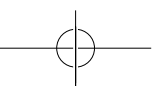
Because the concession you make to yourself,
what you hurt is your self-confidence.

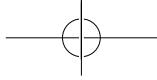




你要改變別人，你要先融入別人。

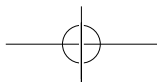
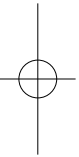
If you want to change someone, you need to
blend in with him or her first.





你如果能夠看清這些幻覺，你一定比任何人都謙卑。

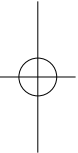
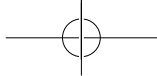
If you are able to see clearly these illusions, you
will be definitely humbler than anyone else.





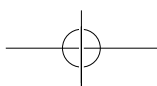
只有去行，你才可以知道自己的頻率
是粗糙還是細膩？

Only to practice, can you realize whether your
frequency is coarse or delicate?



生命就在「體驗」每一個當下。

Life exists in every moment of comprehension.

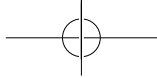




活著，不是為別人而活的，也不要想
把身邊的人扛著走。

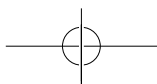
You are not living for others, nor trying to
carry those who are around with you.





靜下來，真正的享受生命，體悟這個生命。

Calm down, truly enjoy life and comprehend this life!



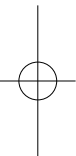


真正的愛心是給人家剛好需要的，不要造成別人的負擔。

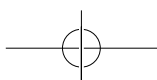
The true compassion is to give what others in need, not to create burden for others.

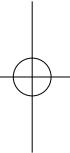
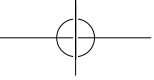


生活，是一種心的流動。你內心豐盛，自然而然每一天都能夠反映出你很豐盛的世界。外面所有的，都是反映你內心的生活，一個生活在屬於內在連結的人，他本身隨時隨地跟人家交織，就會創造新的能量，新的生活，當然一定是很豐盛。如果每一天都顯現缺乏這個缺乏那個，你怎麼可能豐盛？所以這是心態的問題、概念的問題。



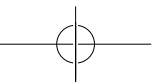
Life is a form of heart flowing. If your inside is abundant, naturally you will be able to reflect your abundant world every day. Everything outside reflects your inner world of life. One who lives in inherent connection and interacts with others anytime anywhere will be able to create new energy and new life. Certainly he must be very abundant. If you appear lacking this and that every day, how could you be abundant? So it is a matter of attitude and conception.

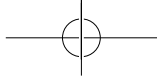




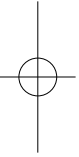
生命，你只要能夠靜下來，能夠去感受它，
你就會愈來愈豐盛。

As long as you are able to calm down and to feel your
life, then you will become more and more abundant.

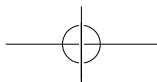


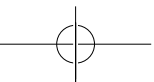
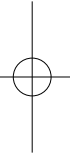
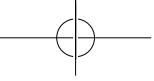


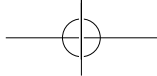
你對生命的體悟愈來愈敏銳，這就是進化。



When you are being more and more sensitive to the
comprehension of life - this is evolution.

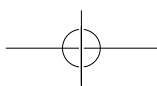






如果你的心沒辦法完全融入，你體悟的只是表面的東西。就算你工作，你也只能完成表面的東西。當你能夠完全的融入，那自然就會運作。你會覺得很充實，沒有需要刻意努力，每一天很自然運行，而且你會很豐盛。

If your heart cannot be completely involved, what you comprehend is only superficial. Even in your work, you can only accomplish superficially. When you can be involved completely, then it will operate naturally. You will feel being much enriched, no intentional effort is needed. Every day goes on very naturally, and you will be very abundant.

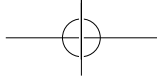




跟人家分享，很刻意教別人；還是因別人的需要，你自然的能量流動交織出來的，你說會一樣嗎？我們做事很輕鬆，每一天跟著自然的能量流動，生活當然是很浪漫很輕鬆很優雅，而且內在也會真的處在一種很和平的狀態。

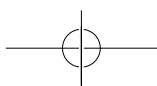
When sharing with others, will you be the same when deliberately teaching others or interacting with the flow of energy naturally because of their needs? We do things very comfortably, following the flow of natural energy every day, certainly our life is very romantic, very comfortable, and very elegant, and our inner self will also be truly in a very peaceful state.





你執著在傳遞，就像你執著在講經說法一樣；因為你在傳遞的不是你領悟到的，一點意義都沒有。就像我們拿著經典唸給別人聽，你連經典是什麼意思都不懂，那會有用？告訴別人，是要把你真正的愛心，你能夠領悟到的東西跟人家分享。

Your persistence in transmitting the teachings is just like persisting in preaching, because what you transmit is not what you comprehend, it has no meaning at all. It is just like we read sutra to others, if you don't even know what the sutra means, how could it be useful? To let others know is to share with your true love what you are able to comprehend with others.

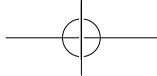




現在做事是眼到、心到、手到，同時到的。

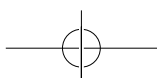
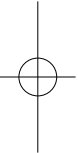


We now work with our sight, heart, and action all arise at the same time.



什麼叫品茶？就是喝一杯，能夠靜下來，讓這個茶能夠回味，從你口腔裡面回過頭，你才知道這個茶的好壞，不是拼命地灌。回味就是靜靜地，跟這種茶自然地融合，用心去感受。

What is called tea appreciation? That is after tasting a cup of Tea, you are able to calm down to let the tea to have its aftertaste, surrounding in your mouth. You can then tell whether this tea is good or bad, but not pouring down endlessly. Aftertaste is just to be quiet to become one with the tea naturally and to feel it with your heart.

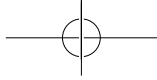




知識愈多，你的自我就愈大，你愈是苦修，你的自我就愈壯大。頭腦必須終止，神性才能顯現。

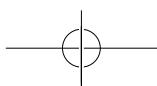
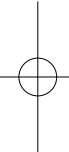


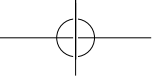
The more the knowledge the more your ego increases; the harder your spiritual practice the stronger your ego grows. The mind must be stopped for the divinity to be manifested.



解決恐懼的方法是：不要想太多，信任生命之流，回到恩典的狀態中。

The solution to overcome fear is not to think too much, trust the flow of life, and return to the state of grace.

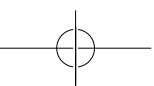


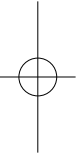
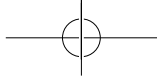


來這裡，是要將生命活到極致，讓自己的
創造性能量流入這個世界。

We come here to live our life to the full extent and
let our creative energy flow into this world.

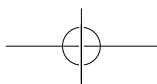
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在新地球上，施與受達到新的平衡的時刻已經到來。所有生命之間的和諧和真誠連結，將是極大喜悅與創造力的源頭。

In the new era of the Earth, the moment of reaching new balance between giving and receiving has arrived. The harmonious and sincere connection among all creatures will be the origin of the greatest joy and creativity.

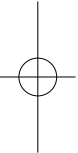




創造永遠是意識內在運動的結果。地球生命形式是由靈魂層次的內在運動造成的。靈性走在前方，並創造了物質。

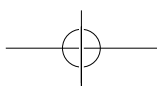
Creation is always resulted from the motion of consciousness. Earth's life forms are caused by the motion from spiritual level. Spirituality moves forwardly, which creates substance.





用奉獻與愛創造出回家的道路。

Use devotion and love to create the way back home.

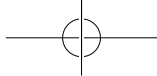




若要創造一切你想要的東西，所需要的就是增加更多的動力去聚集足夠的能量。

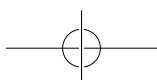
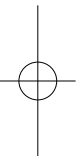
If you want to create everything you want, the requirement is to boost more power to accumulate sufficient energy.





參加茶會對加強你們靈性目標，幫忙增加動力。當能量全部聚在一起時，光的動力強度也會增強。

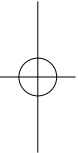
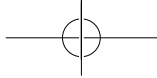
Participating in tea gatherings will strengthen your spiritual goals and help increasing your power. When all the energy gets together, the intensity and power of light will also be strengthened.





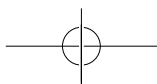
在更高的次元裏，並沒有競爭這類的事。
每個人對別人的成功都感到高興，因為並
沒有二元對立的意識。

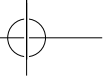
In a higher realm, there is no such thing as
competition. Everyone will feel happy for
the success of others, because there is no
consciousness of duality.



生命一直提供你機會去選擇以臣服為生活方式。而不是因為面臨深刻的危機或絕望才被迫選擇。

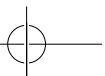
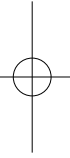
Life keeps providing you opportunities to have choices to surrender to the lifestyle you live, not because of facing severe crises or desperation to be forced to choose.

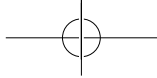




感覺是什麼？就是你內在的覺知，你們再次回到地球是要校正自己，你必須再次與來自靈魂深處建立連結，不再受周遭環境中的恐懼或誤導人的資訊影響。這正是你們所處的抗爭狀態。雖然你的頭在水面上，卻覺得有一股水流試圖將你拉進水裡。

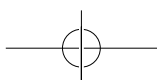
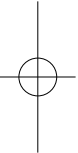
What is feeling? It is your inner awareness. You come back again to Earth is to adjust yourself and you must establish the connection again with your soul from inside, no longer being affected by the fear or misleading information from surroundings. This is the struggling status you are at - although your head is above the surface of water, you feel there is a current trying to pull you down into the water.

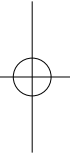
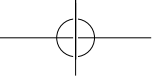




你愈散發出嶄新的見解，你的心愈能和地球一起擴大，這就是進化。

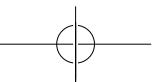
The more you give off brand new understanding, the more your heart can expand together with the Earth. This is the evolution.

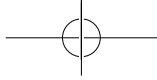




每一個人都需要接受自己的神性，不管你是男性或女性，平衡內在陰陽的極性合併為一。

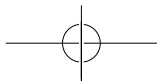
Everyone needs to accept one's own divinity, no matter you are a male or a female, to balance the inner yin and yang polarity to be one.

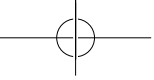




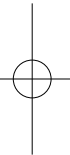
順隨者充滿整個地球的新能量，
來提升自己的意識。

Follow the new Earth energy all over
to elevate your level of consciousness.

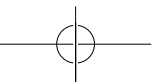


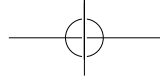


你們應從心靈深處渴望連繫上最高的頻率，
不是透過其他人來給與訊息。



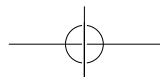
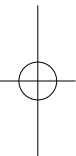
You should be thirsty for connecting with the
highest frequency from your heart, not to get
information through others.





領會困難的處境是在教導你，業力最終的真義就是經驗和智慧。

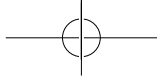
Understanding a difficult situation is to teach you a lesson. The ultimate true meaning of karma is experience and wisdom.



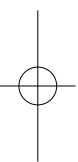


假如你碰到不和諧的狀況，離開它，
你沒有義務留在不和諧中。

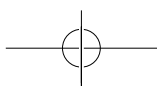
If you encounter disharmonious situation,
stay away from it. You have no obligation to
stay out of balance.



不要逃離現實，不要將浪漫的期待投射到你遇見或希望遇見的人身上，這種投射會讓你遠離真正的目標。



Do not escape from reality, do not project romantic expectation on someone you meet or wish to meet. Such projection will keep you away from your true objective.

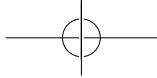




每一天聽聽自己心的靈感，跟最深的自己連結的時候，你就會喚醒自己的能量，而且你的頻率會變得更細膩，才能彼此交織出更新的能量，這就是新時代。

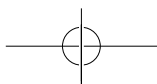
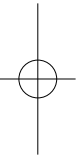
Listen to the inspiration of your heart every day. When you are connected with your most inner self, you will awaken your own energy, and your frequency will become more subtle. You will then be able to mutually interweave renewed energy. This is the so-called new age.





當你能夠看清世間所有一切都是幻覺的時候，
實際上你就開悟了。

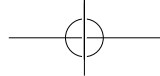
When you can see clearly that everything in this world is
just an illusion, you are actually enlightened.





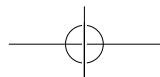
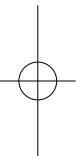
打坐是一種放輕鬆，跟自己心靈溝通，靜下來聽到自己內在的聲音，聽到你的心的靈感，那才是真正的打坐。

Meditation is a way of relaxing, to communicate with your spirit, and settle down to listen to your inner voice. To hear the inspiration from your heart, that is the true meditation.



這個世界本來就是沒有永恆的東西，
只有提昇到另一個空間才有永恆。

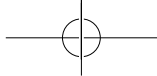
Nothing is eternal in this world, but only when
elevating into a different realm you can find eternity.





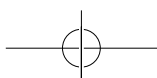
你只要相信自己就是力量的來源，讓自己輕鬆快樂，有哪一個人不願意去接受一個輕鬆快樂的人。

You only need to believe that you are the source of energy, and make yourself be comfortable and happy. Who else is unwilling to accept a comfortable and happy person?



你們所有的經歷都是上天給你們的試煉，讓你們得到成長的分數。你用心智去計算的時候，你就得不到這個獎賞。

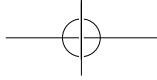
All your experiences are the test for you from heaven to let you gain merits for growth. When you count them with your mind, you will not get this reward.





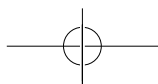
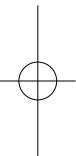
大師只是把最真實、最自然的東西，
最大的範圍表現出來。

A great master only shows the most realistic
and natural things in the largest extend.



把自然裡面最美的部分保留，把不要的東西丟掉，留下最真實最完美的部分，那就是藝術。

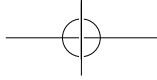
Reserve the most beautiful part of nature and discard the unwanted. Retaining the most realistic and the most perfect portion, that is art.





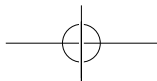
你帶著單純的心來，你就會帶著很豐盛的禮物回去。

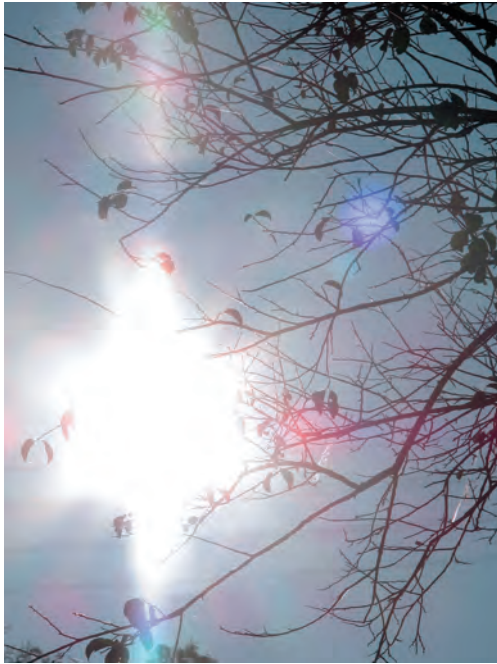
Come with an innocent heart, you shall return with abundant gifts.



現在是業障回歸的時代，所以也是恩典的時代。

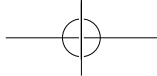
It is now the era of karmic feedback. Therefore, it is also the era of grace.





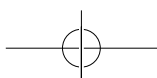
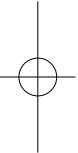
宇宙本身就是一個愛的能量，一個豐盛的能量。
放下，才會連結，你的生活才會擁有豐盛。

The universe itself is the energy of love, a form of
abundant energy. Only by laying down, you can connect
and possess the abundance in your life.



做大事的人一定很輕鬆很幽默的。

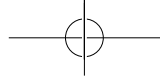
One who is doing great things must be very comfortable and very humorous.





當你心愈來愈不受影響，生命領悟的東西當然也不同。

When your heart is more and more unaffected, what you comprehend in your life will certainly be different.



真正幫助世界是讓每個人內在裡面和平。



To truly help the world it is to let everyone be peaceful inside.

