

Breeze of the Soul

Wisdom from a Tea Master

Ho Tsai Ping

何風成語

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何在彬
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新
茶
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研
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會

何在彬

Ho Tsai Ping 1959 ~



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茶可以改變人類的命運



Tea can alter the course of mankind's destiny.

茶是上帝恩賜人類的十大禮物之一
它存在的目的就是

助人淨化、提昇，回歸上帝



Tea is one of the ten great gifts
bestowed upon human beings by God.

It exists for the purpose of purifying and elevating
humanity in order to return to God.

茶是「愛的化身」，
茶道的精神、茶道的精髓就是

「愛」。



Tea is an Avatar of Love.

The true spirit,
the essence of Tea Tao is simply,
Love

「茶」本身就是一種能量。
茶可淨化我們的身體，淨化生命，提昇性靈，
使我們內在和平。

Tea is itself a kind of energy.
Tea can purify our body, purify our life, elevate our spiritual
awareness, and make us peaceful from inside.



好茶可解千年之渴
好茶，是為了人世間的友誼而存在的。

Fine teas relieve the thirst of thousand years.
Good teas exist in this world for the sake of fellowship.

茶道創造幸福、平靜和喜悅。
茶道創造生命的奇蹟。

Tea Tao creates happiness, serenity and joy.
Tea Tao creates miracles in life.





喝了茶，頭腦空空，統通都洗掉了。
所以喝茶就是「放下」，
放下你的執著，你就覺悟了。

After drinking tea, we pour out all the rubbish in our head,
emptiness reigns.

Drinking tea is to “put down”,
put down your ego, you'll then gain enlightenment

喝茶，就是學現代聖人最快速的方式，
把所有的過去丟掉，接收最新的能量。

Drinking tea is the fastest way to learn from the
modern sages. Throw away the old energies, get
the newest ones.



喝茶傳遞永不止息的愛，
提昇集體意識，
提昇內在高雅的品質，
可以最快的認識自己。

Tea Tao transmits the endless love,
elevates the collective consciousness,
improves inner grace qualities,
allowing you to become acquainted with yourself
in a fastest way.



喝茶是認識自性、找到自信。

Tea Tao is to recognize our self nature,
gain find back our self confidence.

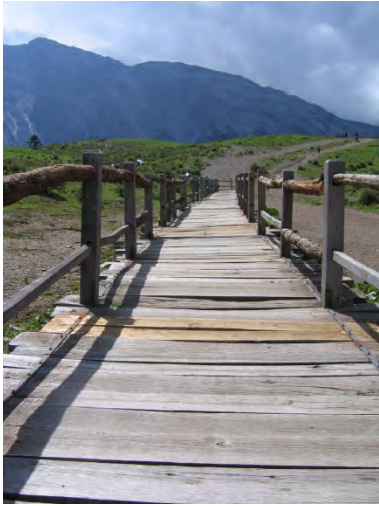
「佛」在梵語裡面是覺悟的意思，
「喝茶」在高等次元也是覺悟的意思；
「喝茶」就是佛，
所以才叫「茶禪一味」。

一個認識自性的人，本身就是道了。

One who knows his selfhood, he himself is the Tao.

“Buddha” is sanskrit means enlightened,
“drinking tea” in the higher dimensional world also
means enlightened. “Drinking tea” equals to Buddha,
that's what we called “Tea and Zen are of the same.”





「道」就是生活！
最高的真理都在生活中，
在默默不起眼的細微處呈現。

Tao is life !
The highest truth dwells in the common
life, in the finest details.

真正的道是一種振動力，能量從內在傳遞。
但我們大部分都習慣用頭腦去理解。

The real Tao is a frequency force, transmitted from the
inner world.
But most of us can only learn using our logical brain.



道就是不管任何的磁場、時空，你都能夠接受、融合。

Tao is acceptance, merging with all kinds of magnetic fields,
all kinds of space-times.

道，就是一種自信而已。

Tao is a kind of self confidence.



開悟，才是最寶貴的、帶得走的資產。

Enlightenment is the most precious belongings that you can take with you.



「開悟」就是要打開頭腦關閉的門，
跟銀河宇宙的能量相通。
所謂的開悟、進化，就是要突破空間的限制。

Enlightenment is to open the locked door in your head,
connecting with the galaxy, with the Universe.
What we called enlightenment or evolution,
is to break the limit of the space.

茶，喝下去的是財產，留下來的是遺產。
要當皇帝，不要當管理員。



With tea, what you drink is your fortune,
what you keep is your legacy.
Be an emperor, not a custodian.

開悟是要工作，
讓你能有這個「靈性的福報」，
才能真正地開悟。



You need work to get enlightened. You must have the
spiritual merits to get true enlightenment.

如果你永遠認為，
「都是自己的問題」，
離開悟就不遠了。

If you always consider that “everything is my problem”, then you are right, you are not far away from enlightenment.



「開悟」是，你越去做，
就越自在、越輕鬆，
所以你就越來越開悟。

The process of enlightenment is: the more you do, the more you will feel at ease and relax, the closer you will come to enlightenment.



修行是挑戰自己的速度，
不斷的在超越自己的速度，
不斷的在穿透空間。

Spiritual practice is to challenge your speed,
continuously increase your speed,
race over the different spaces.

修行，就是每一件事情經歷過了；
你看得懂，就不會受影響，
也可以慢慢協助他人。

Spiritual practice is that you experience everything,
you understand, you won't get influenced;
any then you can slowly help others.



開悟以後，頭腦不會受世界邏輯和磁場影響，
走到哪里就是天堂。

After enlightenment, the mind won't be influenced by
the logic world or by the magnetic fields. Wherever you
go, you create paradise.



開悟是非善非惡，陰陽平均。

There is no good or bad in enlightenment,
it's the balance of Yin and Yang.



靈性的提昇，才是喝茶最重要的目的，
最後每個人都找到回家的路。

Elevating our spirituality is the most important
goal in tasting tea.
In the end, everyone finds his or her way back to
the spiritual homeland.

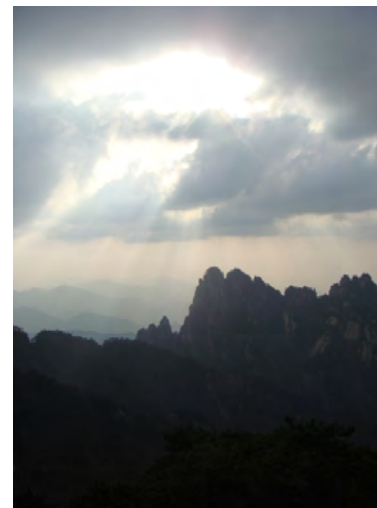
新時代裏，泡茶是唯一最平凡的方式，
默默地在無形中讓自己開悟。

In the new era, Tea Tao is the ordinary way, in silence,
without formalities, to help you become enlightened.



物質世界的愛，是一直想要滿足別人。
靈性世界的愛，是讓別人不需要你。

Love in a material world, is to satisfy the other.
Love in a spiritual world, is to let the other not need you anymore.



真情真愛一定是完全自由，
沒有束縛，沒有任何條件。

True love is the complete freedom,
no boundedness, no conditions.

我們是發展愛心，
使用光的力量來進入光的世界。

We develop love, using the power of light to enter
the world of light.

唯有愛，才能淨化我們；
唯有愛，能讓我們超越生命的輪迴；
唯有愛，能讓人類及宇宙走向和平；
唯有愛，能引領我們抵達至善的恩典。

Only Love can purify us;
Only Love transcends the wheel of Samsara;
Only Love can lead human beings and the Universe
towards peace;
Only Love can guide us to the Grace of Ultimate Virtue.



茶可醉人

茶可入夢

茶可邀月

茶能生善

Tea can make one drunk.
Through tea one can enter dreams.
Tea can summon the moon.
Tea can yield virtue.



進入內在，
才是永恆的聯繫。
喝茶就是進入內在的聯繫。

The connection with the eternity is possible
only when you enter into the inner world.
Tasting tea is to help you to make this inner connection.



你想要到四次元、五次元，
只要拿掉這個『我』，
其實是不需努力的。

If you wish to reach the fourth-dimensional or fifth-dimensional world, you need only to let go of your ego, something which requires no really effort.

靈性的進化，只是一個概念。
你的概念要能轉得過來。
你的品質到哪裏，你就擁有到那裏的能量。

Spiritual evolution is only a matter of changing conceptions. If you succeed, you will have enough energy to match your virtues.



喝茶的人彈性要很大，
可以跟乞丐平起平坐，
也可以跟皇帝平起平坐，
因為沒分別心。

People in Tea Tao should be very flexible.
They can drink tea with beggars,
equally with the emperor,
because there is no difference.

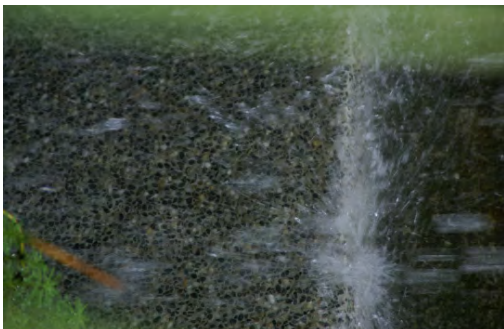


我們不是講經說法，
是要「破概念」，
把舊有的東西丟掉。

We neither preach nor teach dharmas.
We break old concepts,
throw away old rubbish.

只要有一個框框，就會有形式。
不是我不尊重這個世界的邏輯，
是這個世界的邏輯不適合高等的次元。

As long as you enter norms there are forms. It's not me who doesn't want to respect the logics of this world, it's because the logic of this world doesn't suit the higher dimensions.



概念轉換，就表示進化了。
概念不轉換，愛心不發展，
坐到化石也成不了佛。

Change your ideas, that means you've upgraded.
If you don't change your concepts, don't develop
your love, you can never be a Buddha,
even if you sit until you become a fossil.





多喝茶，概念輕鬆的轉換，
那是最適合現代、最新式、最快速、最輕鬆的方式。

By tasting teas, you do it easily, it's the most appropriate,
the newest and fastest way; the most convenient for our
modern society.

認識光、
認識境界，
不如認識你自己。



It's better to know yourself
than to see the light or reach
some high mental state.

追求靈性，不是逃避。
要走入這個世界，多去服務別人，
傳播正面的東西。



The spiritual quest is not an escape from the world. To the contrary, it means to get more involved in the world, to make oneself available to others, to transmit positive messages.



高等次元的修行方式，
不需要聽經、說法，是直接去行，
愛心給出去，你自然就會感受流動的能量。

The way to practice in the higher dimensions is to act, to offer your love, to feel the circulation of energy; sermons and preaching are not needed.

速度快，就能得到最大的獎賞；
有強烈的渴求心，就能得到最大的加持。



Do things in a high speed,
you can receive the biggest reward.
Be strongly eager in your spiritual aim,
you can receive the greatest blessing.

一切都是自然的流動，那就是真正的修行。



The real practice is to let energy flow naturally.

宇宙真理 運行同在

越服務別人，
越發展愛心，
就越來越尊貴，
越來越偉大。

The more we serve others, develop love,
the more we will be distinguished, great.

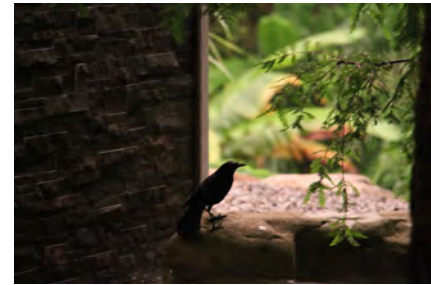
給予，是全部的秘密。
真正愛心給予，就會跟宇宙真理運行同在。

Afford, that is the whole secret.
Afford with true love, you'll be in synchronous
motion with the universal truth.



這個世界沒有一項是錯的，
每個都是這個宇宙設計好的拼圖遊戲，

Nothing is wrong in this world, everything is part of the
puzzle of the universe.



聖凡不別，同座奉茶。

There is no difference between a saint and an ordinary
person when we serve tea.



隨著地球的成長，
我們要服務、奉獻，真正利益這個世界，
就是引導未來的生活方式。

Following the growth of the Earth, we should serve, benefit
devote to this world, that's the future lifestyles.

讓每一個人自由，自己就得到自由，
你給人家愛，你就得到愛。
不管你給別人任何的東西，
一定回到你的身上。

Set everyone free, you are free.
You offer love, you receive love.
Whatever you give,
it will come back to you.



每天早上起來， 就想：我今天可以奉獻什麼？

聰明的人聚在一起，就可以做大事；
有智慧的人聚在一起，就可以改變世界。



Intelligent people together, they can make great projects.
Wise people together, they can change the world.



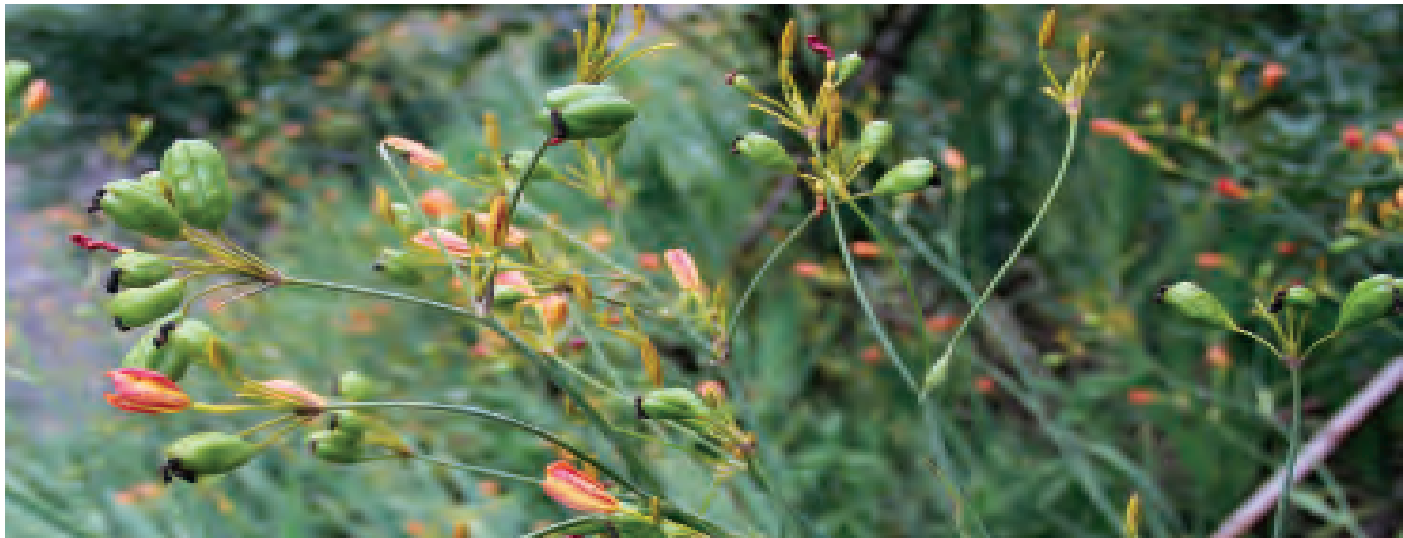
Every morning when you get up, ask yourself : What can I
contribute to the world today?

永恆的東西，都是不需努力得來的
當你領悟到不需努力的時候
一切就沒問題了

The eternal can never be obtained with efforts.
When you understand that efforts
is not needed, everything will be OK.

只要能量聚集了，事物就會自動運行。
人也是一樣。宇宙的系統不需要努力，
那只是自然的運作。

When the energies accumulate enough, things work
automatically, same for human beings. The universal system
works naturally, it doesn't need effort.





物質的進化，是頭腦的流動；
靈性的進化，是能量的流動。

Material evolution is a brain flow;
Spiritual evolution is an energy flow.

能夠學會喝茶，就已經是一本萬利了。

Learning how to taste tea brings you great benefit.



每個想法、每個思想、每個邏輯，
都把你綁在這個世界，所以才那麼辛苦。
當你看得懂，本來就不需努力。

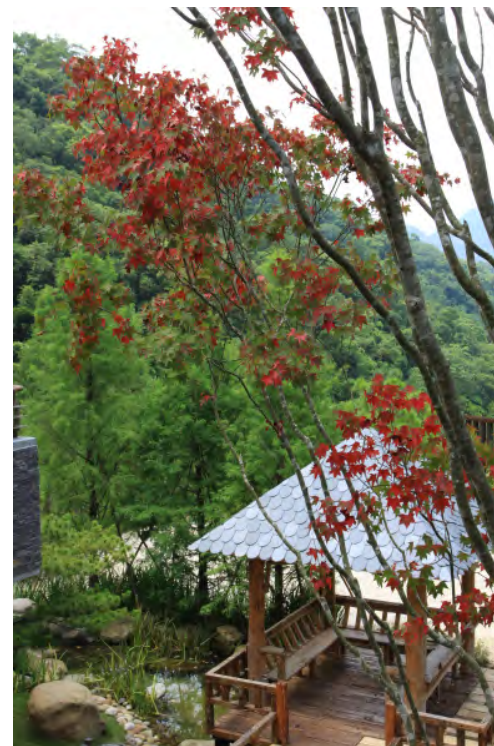
All thinking, each thought, all logic, tie us
strongly to this world, that's why life is so hard.
When you understand the play, you will notice
that you don't need to make efforts.

物質的福報太多，靈性的福報就減少。
先賺取靈性的福報，一點靈性的福報，
可以換得許多物質的福報。

Too many material merits decrease spiritual
merits. Earn spiritual merits first; a few spiritual
merits are worth a lot of material merits.

每個經歷都是恩典，
我們會碰到什麼，
表示我們需要學這個功課。

Each experience is a grace.
What we experiment,
means we need to learn these lessons.



情緒不好，隨時能夠馬上把它變好，那就是佛了。

If you are in a bad mood and you can immediately change it for the better, you are already a Buddha.

越輕鬆、越快樂、越浪漫、越不需努力，我們進入的能量就越高，能夠融入的能量會越來越細膩。

The more you are relaxed, happy, and romantic, the less effort you should make. The higher the level at which you can enter into the Tao, the finer your fusion with energy.



要為成功找到方法，不要為失敗找理由。

Find ways for success; don't try to find reasons for failure.

當我們一陷入「眼耳鼻舌身意」，
陷入這個頭腦，
越努力就離道越遠。

When you get trapped in the six senses, lost in
the mind, the more effort you make, the further
away you get from the Tao.



成道是不需努力的，
只是很輕鬆的把頭腦的密碼改變。

Achieving Tao needs no effort, it's only a matter
of changing your mind code.

你都只為了自己一個人，等級還很低；
只為我的家庭，你就稍微高一點；
只為了整個社區，你的等級就高一點；
為整個社會，你的靈性更高；
為整個星球、整個銀河，為整個宇宙，
你的空間在哪裏，你的靈性一定就會跨越到那裏。



If you do things only for yourself, you are still in low levels;
only for your family, you are a little bit higher;
for your community, your level has improved;
for the whole society, your spirituality gets elevated.
For the whole Planet, whole Galaxy, whole Universe; wherever
your heart expands, your spirituality will reach too.

做事情一定要學會「快」，
「快」才有創造力，才有能量。

You must do things fast, the speed will give you
creative power, energies.



改變自己，就能夠改變世界。
調整自己裏面，外面的世界自然就改變。

Change yourself, then the world will change; put
your inner world in order, then the outside world will
transform naturally

靈性越高的時候，是沒有戰爭的
也不會去攻擊，因為瞭解萬物同一體

減輕世界負擔的方式，就是讓自己輕鬆就行了。
利益世界，是你沒有意念，自然就利益世界了。

Reducing the burden of the world, means letting yourself relax.
If you don't have distractions, the world will benefit from you naturally.



When the spiritual level rises, there is no war
or invasion, because we are all One.

只有調整自己、注意力在自己的身上，
你才能認識整個世界、整個銀河宇宙，
你才能改變這個世界。

讓每一個人都活得輕鬆自在，
能夠快樂，放鬆，去除負面的能量，
才是提昇這個星球最好的方式。

Let everybody live freely, relax, be happy, get rid of
negative energies. This is the best way to improve this
Planet.



Only when you change yourself, put your
concentrations on yourself, you can then know
the whole world, the whole Galaxy, the whole
Universe, you can then change the world.

聰明的人，是頭腦從外面接收訊息。
有智慧的，才能夠從裡面接收訊息。

不是我要你做什麼，是因為你們在服務奉獻，
那種聯繫，這就是我跟你們的約定。

I don't need you to do anything for me. When you
serve others, when you devote yourself to the world,
you will naturally be connected to me. This connection
is the promise that I made to you.



Intelligent people receive messages from the
outside world; wise people receive messages
from the inner world.

進化是心，心最重要。
進化的過程一定要謙卑，記得感恩。
當你忘記要感恩的時候，自我意識一膨脹，
負面能量就找上你。



Evolution is a heart revolution, the heart is the most important element.

During the process, you must be humble, be graceful. When you forget to be beholden, your ego inflate, negative energies will find you easily.

伸手「要」和能夠「給」，是兩個層次。

Stretching out one's hand to "beg" and being able to "give" exist on two different levels.



茶是和平的飲料，
每個人靜下來品茶，
世界就和平了。

Tea is a peaceful beverage.
Each person calms down to taste tea,
the world is at peace.

很謙卑、很單純。能完全接受，
就比別人進化快，所以說「不需努力」。

Just be humble, be pure, accept completely
whatever happens, then you'll evolve more
quickly than others. That's what we called
“effortless”.

人靈性的提昇，只有在喜悅中達到。

The spiritual elevation of human beings
can only be achieved in joy.

不管經歷什麼事，都接受，感恩。
完全接受才是恩典。

Whatever you experience, you accept,
you owe. Complete acceptance is the
real grace.



靈性低的人喜歡聽好聽的，
靈性高的人是喜歡聽真話。
喜歡每一天能夠承受更多的負能量，
來發展自己正面的力量。

People with a low spiritual level like to hear flattering words, people with a high spiritual level like to hear true words. They like to endure more negative energy in order to develop positive energy.

喝茶的目的，就是要讓死水變成流動的水。

The aim of Tea Tao is to change dead water into flowing water.



生氣會消耗你的靈性的能量。
可以假生氣，笑著生氣，
這就是快速提昇，
這就是學會了轉換能量。

Anger will consume your spiritual energy.
But if you can just pretend that you get
angry, or enrage while laughing, then this is
elevation, this is transformation of energy.

The sage knows how to deal with Yin
and Yang, knows how to use the power
of Yin to improve the force of Yang.



聖人是懂得使用陰陽，
懂得使用陰的力量，
然後陽的地方自然的發展！

有什麼就享受什麼，沒有刻意想要什麼。
任何事能放下，那就是最大的恩典，
那就是超越，那就是最大的利益世界，
那就是對自己最好的。

生病的人，才會謙卑、柔軟、調整，
才會接受高等的訊息，
那是恩典。

A sick man, he could become humble, malleable,
he could adjust himself, receive messages from on
high, and that's a blessing.



Enjoy what you have, don't deliberately desire.
Put down whatever happened, that is the greatest grace.
That is transcendence. That is the biggest benefit to
the world. That is best for yourself.



只要放下執著，放下自己的想法、概念，
就具有操縱、轉換空間的能力。

Put down your ego, put down your preconceived
ideas, and then you will get the power to transform
your life's fields.

放下，不是什麼都不做，
是心放下，懂得演戲。

Put down, doesn't mean that you
don't do anything anymore. It means
that you put down your mind,
understand how to play a dramatic
role.



會有障礙，就是因為我執。

You have obstacles, that's because you have ego.



多用直覺做事，不經過頭腦就決定，
一接觸那個能量就決定了。

Do things according to your intuitions, make
decisions without conscious reasoning, decide as
soon as you get in contact with the energy.

把你的我執、頭腦放下，
宇宙的能量
就會帶領你進入高等次元



Let go of your ego and your mind,
the universal energy will bring you into the
higher dimensions.

如果不讓你內在衝突，每一天接受衝突，
你的我執就大了。

If you don't have inner conflict, you don't accept
conflict every day, then your ego becomes bigger and
bigger.



所謂的「衝突」，就是讓你看到你自己。
衝突就是為了找到平靜的來臨！

The “conflicts” are there to let you see yourself.
Conflicts are made to enable the arrival of
serenity!

只要頭腦一放空，我們本來就在「道」中，
沒有門。



When our mind is empty, we are by nature in Tao;
there is no need to pass through the "door of Tao"

聖人就是製造衝突。
每一天跟舊有的概念衝突、掙扎，
就表示你已經輸入一些新的密碼。

The sage engineers conflicts, lets you clash, struggle
with your old concepts. That means that you get some
new codes of conduct, you are on the way to change.



讓自己快樂、過得輕鬆，
就是幫助世界最好的方式。

Let yourself be happy,
be relaxed,
is the best way to help this world.

你想要到四次元、五次元，只要拿掉這個「我」，
其實是不需努力的。

To reach the fourth-dimensional or fifth-dimensional
world, you need only to let go of your ego, something
which requires really no effort.



注意力在自己，
才能夠了解每一個人。
也是找到和平的唯一方式。

Concentration on yourself,
then you can understand others.
It's also the only way to find the inner peace.

只有我們裏面和平了，外面的世界才會和平。

It is only when we are at peace inside that the world around us will also become peaceful.



每個人靠近你沒有壓力，才是真浪漫。

The real romantic is, when people approach you, they feel zero pressures.



一條奔騰的大河，
只有碰到大海，
才會感到自己的卑微。

Only when a large rushing river
meets the sea, will it feel humble.

過簡單的生活，才是真正你要走的路。

Live simply, that's the way you should be.





只有「真」，才能達到「善美」之境。

Only when you are true,
can you reach a state of virtue and beauty.

頭腦簡單的人，輕鬆浪漫，隨時都連接，
那才是真打坐。
睜著眼睛，在快樂的情況下集中，
那才是真打坐。

People who have simple mind, relax and romantic,
connected with the truth at any time, that is the real
meditation.

Real meditation is when you can concentrate on yourself
in a mood of happiness, with wide-open eyes.



越輕鬆、越自然的時候，
我們的意念不會那麼重，頻率比較微細。

The more we are relaxed, natural, our head will
not be that heavy, and our frequencies will be
finer and smoother.



當你懂得生活，接觸萬物，
萬物都會告訴你宇宙的信息。

When you comprehend life, know how to
be in contact with nature, the ten thousand
things in nature will give you the messages
from the Universe.

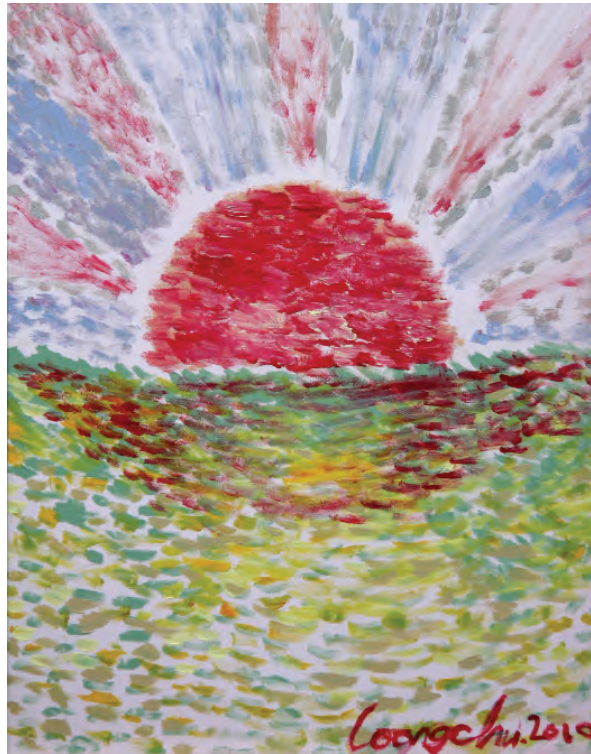
你真的很誠心，
內在任何時刻一想念，
那個能量就跟你連結了。

If you are really involved,
whenever you think about the supreme energy,
it will be connected with you.



聖人來這世間，就是讓人家想念的。
想念聖人，一本萬利。

The sage comes to this world to make people
think about him.
Longing for the sage can be very rewarding.



高雅的生活方式是，
每一天都能領悟、分享新的東西，
再創造新的東西。

The elegant lifestyle is one where every day, you
can awake, share new energies, then create new things.

只要能連接宇宙的光能，自然就有不可思議的
創造力，任何的轉換都有可能。

As long as you connect with the universal energy of light,
you will possess an incredible force of creation, then any
transformation is possible.



只要我們接受「自然的運作」，宇宙會安排你經歷所有的一切，自然就會安排，這叫「無所為」。

We accept natural motion, the Universe will arrange naturally for us to experience what we should experience that's what we called "no actions".

不要用頭腦去理解，儘量放鬆，
融入宇宙的能量、宇宙的磁場，
讓它自然運作。

Don't try to understand with your head, just relax,
let yourself merge with the universal energies,
with universal magnetic field, let things go naturally.



一直讓自己放鬆、放鬆、放鬆，
到最後身體隨時消失掉，隨時聚合，
真正的來去自如。

Just relax, relax, relax, in the end, your body can disappear
and reappear at any time, that's the freedom of motion.



你靜下來，頻率提昇、變細膩的時候，
你就會知道，
什麼叫做頻率的高低，能量的高低。

Calm down, be more sensitive and delicate,
upgrade your frequency, you'll feel clearly all
levels of frequencies and energies.

靈性高的人是接收能量，
靈性低的人是接受外表的形式。

The high-level spiritual persons receive energies,
the low-level spiritual persons receive formalities.

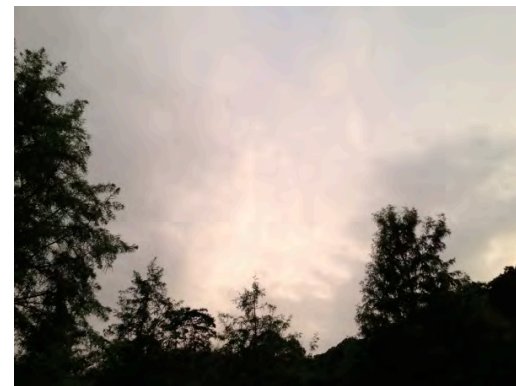
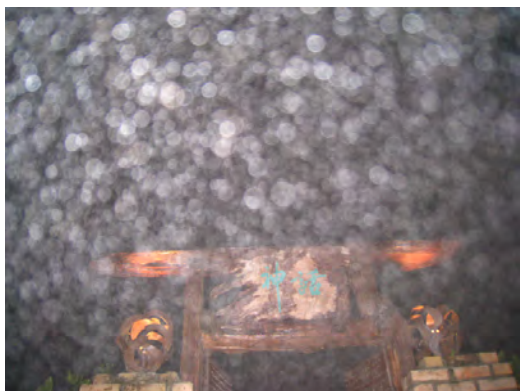


要超越，唯一的方式是提高能量。
只有提昇自己的能量，
才能超越沉重的習性，超越過去的業障。

The only way to transcend is to elevate our energies.
Only when you enhance your energies,
can you overcome burdensome habits,
transcend old karmas.

能量高的時候，想正面的，
集中在自性，接受光，
只有這樣，進化比較快。

When your energy is high, thinking positive,
concentrate on your self nature, accept lights,
then you can evolute rapidly.



能夠承受負能量的時候，就能夠創造
更大的正能量。負面能量越強的地
方，進化的速度就越快。

When you can endure negative energy, you
can create greater positive energy. Where the
negative energy is powerful, it can accelerate
evolution.



愛心給出去，能量自然就會進來。
讓身體的能量永遠是活性，
像流水一樣才會開悟。

Offer love, receive energies.
Let the energies of your body be activated,
just like water flows, you will then get enlightened.

每一天靠近來的負能量，
都是讓你能夠免費提高你的等級。

Negative energies come close to help you to increase
your levels gratuitously.



靈性越高的時候，
你的身體頻率穿透的空間是不同的。
所以能量拉到很高，瞬間消失在一個空間時間，
那是自然現象，並不是什麼神奇古怪。



When your spirituality is very elevated,
the frequency of your body can penetrate different spaces.
You can pull your energy up very high until you disappear
suddenly into another space-time, that's only a natural
phenomenon, but not a miracle.

能量在真正高的時候，是空無一物的，什麼都沒有，只是一個很柔和很微細的磁場、振動力而已。說很微細、很柔和，好像什麼都沒有，但是它什麼都有。

When your energies get higher, nothing exists, no strong stimulus, only a subtly vibration force, a tender magnetic field. As if there is nothing, in fact, there is everything.



業障就讓它存在，不要理它，然後注意力在自己的自性。當你的能量位置往上提的時候，自然而然空間就不同，它就影響不了你了。

Let karma exist, don't pay attention to it. Put your concentration on your self-nature. When your energy is elevated, you'll be in a different space, karma can't influence you anymore.

只要我們有自信！
一瞬間就可以改變所有的磁場、空間。

As long as we have our self-confidence, we can transform all magnetic fields, all spaces in a flash.





自信就是一種美、一種境界、一種高等的境界。

Self confidence is a kind of beauty, a realm, a high state.

讓身體成為流動的能量，讓自然的能量流動。
《流動的水》這首歌，就是傳達這個宇宙的訊息。

Let your body turn into flowing energy, let the natural energy flow. The song “Flowing Water” transmits this universal message.



千年之約 跨越時空

Attending a millennium appointment,
Crossing the space-time.

開悟的人，是連結宇宙能量，
需要什麼，隨時可以創造出來。

The enlightened ones can connect with the
universal energies.
They can create what they need at any time.



當你下定決心，要去完成很有意義的事，
所有因緣就會創造未來。

When you decide to achieve very
meaningful projects, all causations
will help you to create this future.



「尋找」生命的答案，
改成「創造」生命的奇蹟。

Change 'searching for the answer to life'
into 'creating the miracle of life'.

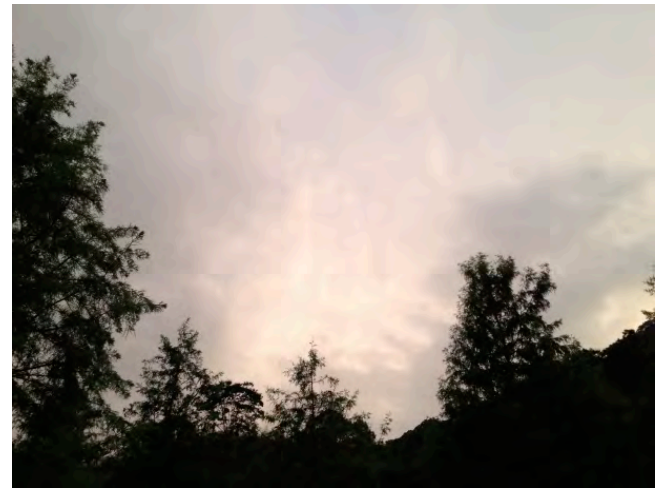


讓自己成為流動的水，
去行，才能變柔軟！

Let yourself be flowing water,
your actions will make you tender!

丟掉舊有的概念、接收新的概念、新的
密碼，才上得了新次元。

Throw away old conceptions, receive new ones,
then you can enter into the new dimensions.



「靈性的進化」，就是概念。
你的概念轉了，自然就進化了。

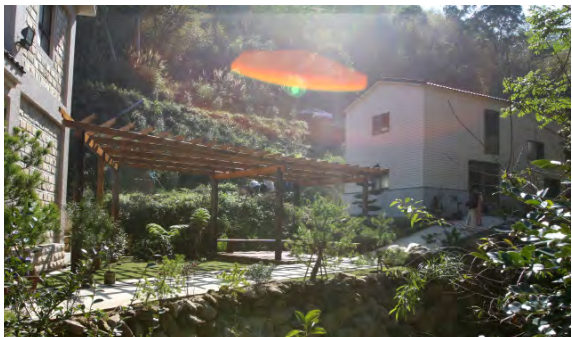
“Spiritual evolution” is only a concept.
Through changing your preconceived
concepts, you evolve naturally.

文明的發展與靈性有關，
靈性意識才是主導進化的主要因素。

The development of civilization is related
with the spirituality.
Spiritual consciousness is the main factor
who leads the evolution.

新時代所有的東西都是靈性的，
靈性的汽車、靈性的學問、靈性的管理、
靈性的醫學，都是一樣。
高等星球的飛碟，就是用能量操控的。

In the new era, all things will be spiritual.
Spiritual cars, spiritual
knowledge, spiritual management,
spiritual medicine, all of them.
The UFOs of advanced planets are driven by energy.



所謂「時光隧道」，
就是由單一平面的空間，
進入多重立體的空間。
我們現在喝茶，
其實就是正在穿越「時光隧道」的過程。

What we call “time tunnel” is the link between the
space of single plane and a multidimensional space.
Now, as we are tasting tea, we are in fact traveling
through the time tunnel.



所有的密碼都在我們身體裡面，當脈輪開啟的時候，身體所有儲存的秘密記憶就會釋放出來。

All the secret codes are in our bodies. When the chakras are opened, all secret memories stored inside us will be released.

淨化身體是淨化生命的開始。
身體進化了，就很自然跨上新次元。

Purifying the body is the beginning of purifying your one's life. When the body evolves, you will rise towards new dimensions naturally.



讓自己的能量很輕鬆往上提昇，讓脈輪整個打開，跟宇宙的能量連結，形成一個能量網，你才有可能跨越時空。

Let your energy steadily rise, let your chakras open, connect with the universal energy, form an energy net - only then will you have the opportunity of crossing the space-time.

當光族成員能夠使用光的能量的時候，就是地球的黃金時代。因為，只有光能可以淨化星球，讓星球快速提昇。

When the members of Family of Light become able to use the energy of light, then it will be the time of the Earth's golden age. Only the energy of light can purify and upgrade the Planet rapidly.



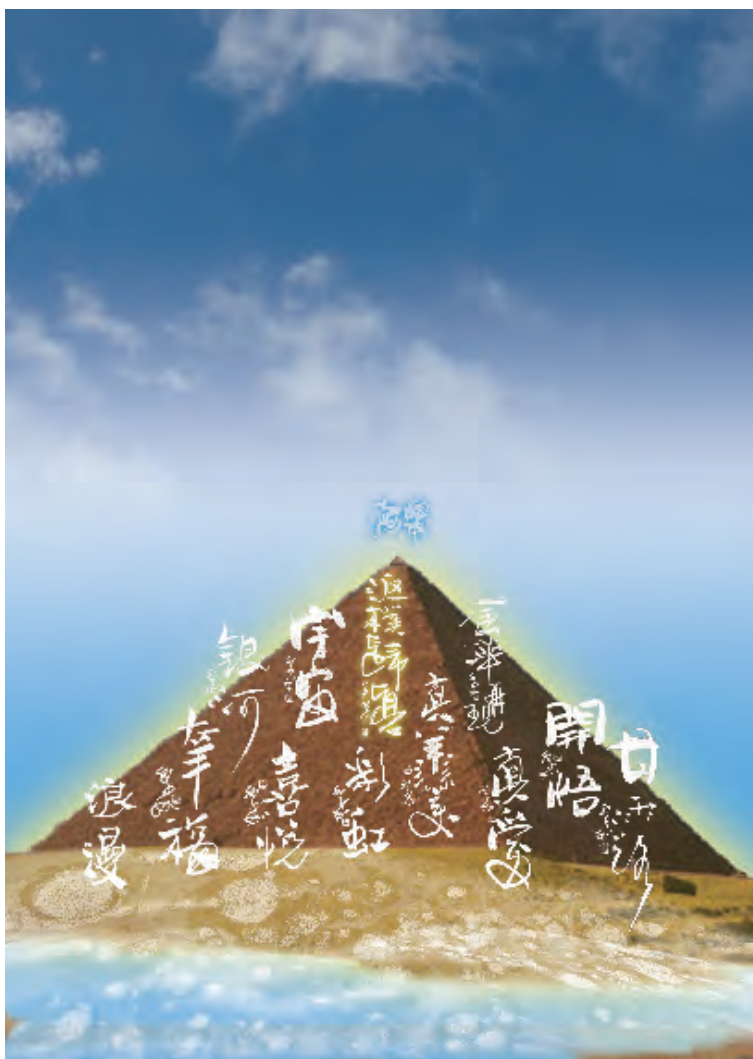
我們的「茶道」，
就是適應在未來進入新次元的生活方式。

Tea Tao is helping us to adapt ourselves to the life-style of the future when we will enter into the new dimensions.

光之族成員下來，就是要喚醒同族的人，
重新認識自己，找回自信，回到高等的次元。

The members of Family of Light come to wake up the people of the same family, acquaint themselves, get back their self-confidence, and return to higher dimensions.





「茶道」本來屬於四次元，
「行家十二級茶」的名稱——
「浪漫、幸福、喜悅、彩虹、真愛、甘露、開悟、
銀河、宇宙、真善美、風華再現、返樸歸真」，
本是四次元高等星球的心靈意識與生活方式。

The Tea Tao belongs originally to the quadridimensional world.
The names of the Hang-Jia Twelve Level tea :
I Romance, 2 Happiness, 3 Joy, 4 Rainbow, 5 TrueLove, 6
Nectar, 7 Enlightenment, 8 Galaxy, 9 Universe, 10 True Virtue
and Beauty, 11 Reappearance of the Grace, 12 Return to the
Nascent Truth.
They indicate the spiritual consciousness and life styles of the
advanced quadridimensional world.

源自未來，改變過去，開創現在。

Originate from the future, change the past, create the present.



我們現在要做的，
就是 創造一個新文明。

What we should do now is to create a new civilization.



何風戲語

Breeze of the Soul - Wisdom from a Tea Master

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