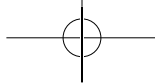


敞開自己，迎向更高的意識與神性。

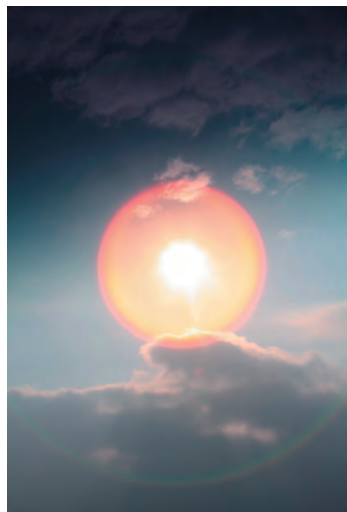
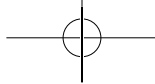


Open yourself for greeting the higher consciousness and divinity.



回到「內在之神」的意識裡，  
成為你們生命之流的偉大設計師。

Back to the consciousness of your "inner god",  
become a great designer of your own life.



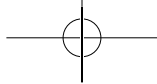
學習進入高層意識，你就像進入高空，  
開始看到更廣大、更莊嚴的你。

Learn how to enter into high-level consciousness.  
It is just like hovering in the sky:  
you begin to see yourself in a wider, more solemn way.



你能謙卑，就表示比較進化了。  
我執大，就表示處在較低的意識。

If you can be humble, it is a sign that you are evolved.  
A large ego means you are still in low consciousness.

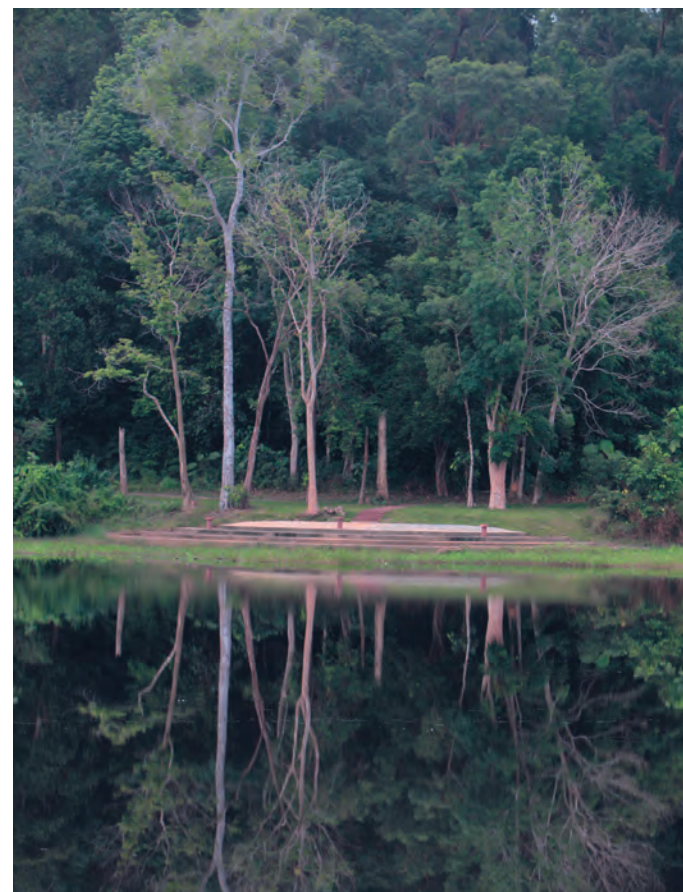


意識的沉淪，是由一個體驗對立願望所創造出來。

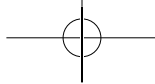


「自我價值」是明白每一刻都在選擇你的感受。

"Self-value" is in the understanding that the feelings of every moment is chosen by you.



The destruction of awareness is created by the opposition between an individual experience and desire.



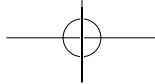
失落的知識，仍然存留在靈魂和潛意識的深處，你們可以在「當下覺悟」中讓它復活。

Lost knowledge still remains in the deepness of our soul and in our subconscious. You can be aware in the present moment and let it revive again.



我們要在自己的生命與心中，  
為這美好世界騰出空間，  
有信心、人類可以邁向精神與意識更高的層次。

Let us make room for this wonderful world in our hearts and in our lives. Be confident that humankind can move towards a higher level of spirituality and consciousness.



我們將覺悟到自己是為愛所生，  
也將演進到更深更偉大的愛之中。

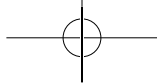


We realize that we are born for Love,  
and will still evolve into deeper and greater Love.



當你清除了自己情緒和意識上一切迷信觀念，  
你所有的夢想和希望將會開始顯示在現實的人生裏。  
不管你的願望是什麼，你將能夠自由自在地生活在你所想像的生活中。

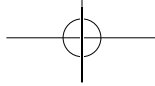
When you clear out the superstitious ideas from your  
consciousness and emotions, all your hopes and dreams  
will start to appear in the real life. No matter what you  
wish for, you will be able to live the life that you always  
imagine.



在充滿光和愛的境界裡慶祝。我們一起合作，  
心手相連，一起建造一個神妙、奇特和恆久的  
黃金時代，充滿了光明、智慧與和平、富裕的  
文化。以互愛與光輝為根本來建立社會。

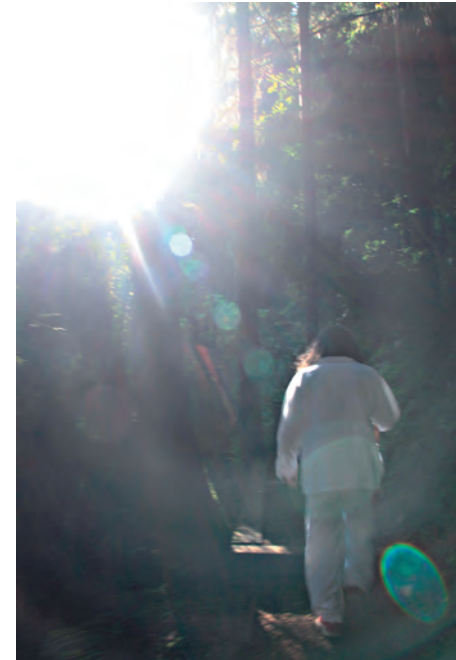
In the realm of light and love, let us celebrate our  
collaboration, hand in hand, and build a wonderful,  
extraordinary and long-lasting golden age, a civilization  
full of brightness, richness, wisdom and peace, so that  
we may establish a society based on mutual love and the  
splendor of beauty.





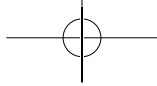
學習明智地給予並接受愛，  
並在任何情境中創造和諧。

Learn to give and receive love wisely,  
and to create harmony in any context.



尋找對生命的深刻體悟，  
並且明智的散播這樣的體悟。

Looking for profound understanding of life,  
and spread this kind of understanding wisely.



學習無私與慈悲，  
並放下不再協助你成長的一切。



學習如何使靈性與物質達到和諧。

Learn how to keep harmony between spiritual and material.



Learn to be selfless and compassionate;  
let go things that no longer help you to grow any more.



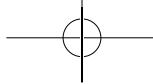
學習接受直覺的理解，依據靈性真理來生活。

Learn to accept intuitive understanding;  
live according to the spiritual truth.

學習耐心與把握時機的藝術。



Learn to be patient and the art of seizing opportunities.



接受並運用純潔，加速自己的提昇。

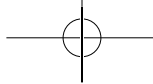


Accept and do things with pureness;  
this will accelerate our improvement.

「提昇自我意識」的意思是，在日常生活中，對每件事情、行為和思想變得覺醒，不再生活在反覆自動的狀態；也就是，將你們的意識與心靈一步一步地和神聖的自我連繫上。



Heightened self-awareness means that in everyday life, you are becoming awakened for everything, every behavior and every thought, and no longer live in the state of repetition automatically. That is, step by step, link your consciousness and soul to the divine Self.



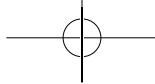
當你提高自己的意識和超越此刻限制的觀點，  
你們將收穫無限，將創造天堂和完美的人生。

When you raise your consciousness and go beyond the  
limits of concepts of the moment, you will gather an  
unlimited harvest. You will create the heaven and the  
perfect life.



當你提高自己的意識，你將逐步掌握你的人生，  
不再被你身外的環境與經驗所操縱。

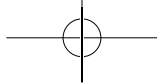
When you raise your consciousness, you will gradually  
take control of your own life, you are no longer driven by  
the environment and experiences outside of yourself .



假如你希望和平、愛和豐盛，保持那些神聖的德性  
在你的心中，並集中精力於和諧與統一的意識，帶  
著全然的愛，考慮你真正的價值以及生活的優先順  
序與你在未投生前所定的計畫與目標相配。

If you want peace, love and richness, keeping those sacred  
virtues in your mind, concentrate on the harmony and  
unity of consciousness, with perfect love, consider your true  
values and priorities of your life, make it match with your  
plans and objectives settled before your reincarnation.





你愈是想爭取所有人的認同，到頭來，就愈搞不清楚自己真正的信念是什麼。

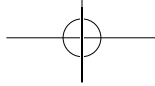
The more you try to gain everyone's approval, the more you will be confused as to the nature of your true faith.



少了幽默感的話，是沒有辦法在跟客人周旋的時候全身而退。

Without sense of humor, it will be difficult to get out safe and sound when you deal with the customers.





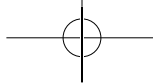
在藝術的世界裏，想做什麼，就大膽的放手去做。「邏輯」成不了什麼大事，但是「想像力」可以讓你掙脫邏輯思考的陷阱。

To be an artist, just do what you want to without fear. Logic should not become a big deal; imagination can help you to break out of the trap of logical thinkings.



禪修一點也不浪漫。我們最需要成長的，通常是最想防衛的，最不想承認的部份。

Meditation is not a romantic thing. The part that we need to develop, is usually the part most defended, the most difficult to admit.



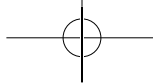
當你提昇自己的意識，你會吸引靈的世界，  
靈的世界便能與你的世界結合。

When you raise your consciousness, you will attract  
the spiritual world. The spiritual world and your  
world will be able to integrate.



你的本質存有要求你學到所有的智慧和  
真理，然後你可獲得靈性上的自由和回  
歸本體，這就是為什麼你不斷投胎轉世。

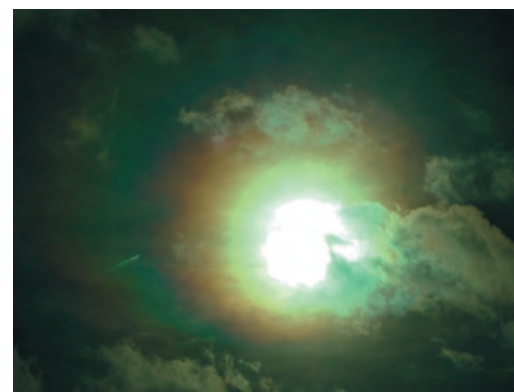
Your intrinsic quality requires you to learn all  
wisdoms and truths, only then can you get the  
spiritual freedom and return to the source, that is  
why you are constantly reincarnated.



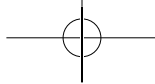
假如靈魂從自我的外在去尋找充實感，  
我們能找到的能夠改變心智和靈魂的物質，  
只會擴大靈魂的空虛和寂寞。

If the soul looks outwards for self-fulfillment, the  
material that we can find to change the mind and  
heart will only expand emptiness and loneliness of  
the soul.

當一個人想依賴某種低振動的物質去創造  
一種改變的狀態，或神性重新連結，其結  
果只會是更大的幻象和自我欺騙。

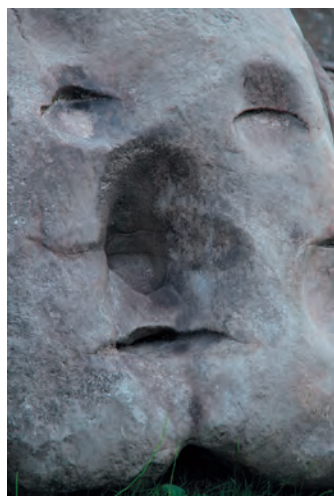


When one wants to rely on a low-vibration  
material to create an altered state, or to relink with  
the divinity, the result will be a greater illusion  
and self-deception.



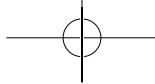
神聖法則的運作是，假如你被賦予一個健壯的身體而未能善用它，業力就會立刻在下一世回來。這就是為什麼你的孩子會有各種天生的健康問題。

The operation of divine law is this: if you have been given a strong body but fail to make good use of it, the karma will immediately come back in the next life. That is one reason why children have inborn health problems.



是我們自己，創造了地球現在的樣貌，也擁有改變的力量。

We create what the earth looks like actually, but we also have the power to change it.



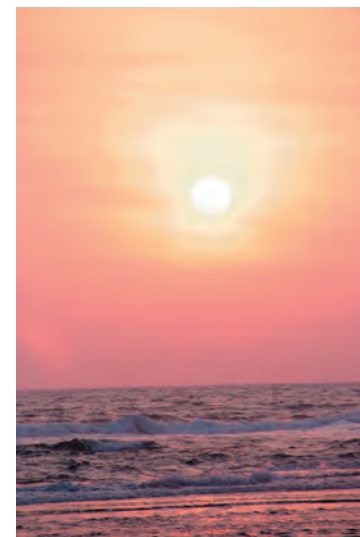
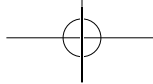
每一天釋放掉舊有信念和局限性，  
請求宇宙給你一個新觀點，  
讓自己的心處在知曉狀態。

Every day releases old beliefs and  
limitations. Request the universe to give  
you a new perspective. Let your heart be  
aware.



一整天，經常運用愛、信任、恩典，  
把最純淨的能量進入你的身體細胞和  
DNA。  
用你全部潛能，去修正一直侷限著你的  
舊頻率和信念。

Always use love, confidence and grace during a  
day, infuse the most pure energy into your cells  
and DNA. Use your full potential, to modify  
your old frequency and concepts that limited  
you for so long time.

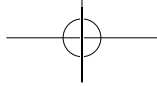


每天晚上，認出當天給自己的一切，  
也把它給予一切萬物；透過內心，  
整合每一天所認識的新智慧。

Every night, recognize all things that you  
offered to yourself during the daytime, and  
give this to all creations. Integrate through  
your heart the new wisdom that you learn each  
day.

覺醒時，沒有了帷幕，會是怎樣情況？  
那就好像，你的心突然進入一個包含無  
限可能和無限歡樂的世界。你會發現，  
所有你們想要的東西一直都在那裏。

When you awaken, when the curtain is unveiled,  
what is this feeling to you? It is like that your  
heart suddenly entered into a world of infinite  
possibilities and infinite joy. You will find all  
things that you want have already been there.



要改變生命，先改變想法。

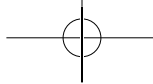


To change life, first change your mind.



任何光的傳輸，透過心去作融合，否則不會有益處。心智只能聽到，但無法作融合。

Any transmission of light, do it through the fusion of the heart, otherwise there will be no benefit. Mind can only hear, but can not be fused.



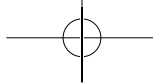
假如它還不能成為你心中和靈魂裡燃燒著的一種渴望，它尚未重要到你沒有它就無法再活下去，你就無法產生足夠的愛、力量和能量，去達到這個層次的進化。

If it is not yet a burning desire in your heart and soul, it is not yet so important that you can not live without it, you can not generate enough love, strength and energy, to achieve the high level of evolution.

多數人是因為某種靈性上的惰性而受苦，你們全部太忙著「做」而不是「成為」。你們有很多人已經設好了靈性目標，卻總是在找藉口拖延你對它們的承諾。



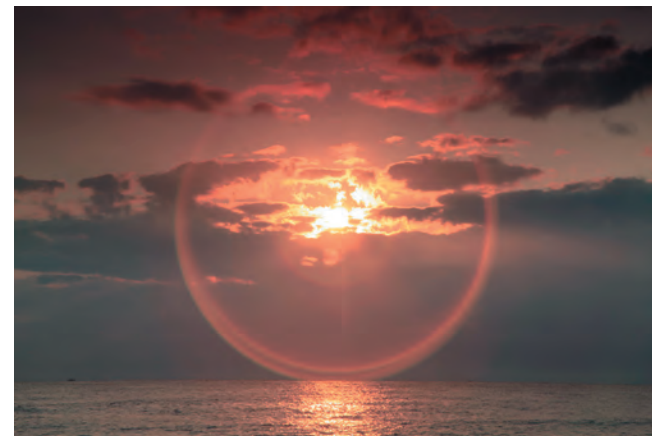
Most people suffer some kind of spiritual inertia, you are too busy to "do" rather than to "become", a lot of people have set up a good spiritual goal, but are always looking for an excuse to delay the promise to it.



自我之愛，努力和承諾，它不會自己發生。在太多次的生命裏，你都把自己交給「運氣」。此時此刻，真的沒有比這個更重要的事情了。

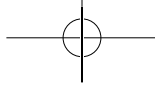


Self-love, effort and promise, it will not happen by itself. Too many times in life that you give yourself to "luck", at this moment it is really no more important things than those.



對你想要全然顯化神性狀態的抱負永遠保持覺察，把你的一切存在和服務都奉獻給那個目標。

Keep aware on your ambition of manifesting entirely the divine state, dedicate all your presence and service to that goal.



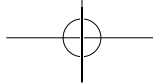
永遠要把寧靜、愛、和諧與和平帶給所有生命。

Always bring calm, love, harmony and peace to all beings.



永遠不要允許自己愛小我多過於愛整個宇宙的和諧。

Never allow you to love your ego more than the harmony of the whole Universe.



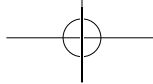
講話和動作要輕，但要帶著尊貴的態度。  
當你遇到苦惱憂傷的人，努力去顯現完美的慈悲。



明白你的身體是一個住著聖靈的神聖  
殿堂，它會給各地的生命帶來和平與  
光明。

Speak and act gently, but with a noble attitude.  
When you encounter a sad and distress person,  
trying to manifest perfect mercy.

Understanding that your body is a sacred  
temple of the spirit, it will bring peace and  
light to all lives around the world.



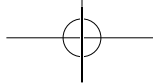
有很多人讀了靈性書籍，他們有很多頭腦上的知識，但是因為他們沒有和這些知識融合為一並展現他們的神性，所以靈性進步仍然很小。

Many people read spiritual books, they have a lot of knowledge in their mind, but because they do not know how to assimilate them, and to manifest their divine nature, their spiritual progress is still little.

每個渴望揚昇的人，都必須療癒和改變所有錯誤的信仰系統，擁抱愛，不傷害，以及你真實的神性。

Each person who is eager to ascend must first heal and change all their own wrong belief systems, thereby embracing love, no-harm, and true divinity.





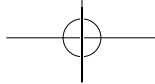
要了解每個次元都代表著某種頻率。你只有在意識上達到那個頻率，並且有能力一直維持它，你才可以進入五次元。

Understanding each dimension represents a certain frequency. Only when you achieve the same frequency on your consciousness, and are able to maintain it constantly, you can enter the fifth dimension.

發自心中地生活著，永遠都像個大師一樣地講話和行事，這是一種「存在」的方式。永遠這樣問自己：「在這種情況下，一個大師會怎麼做或怎麼說？」然後到內在去尋找答案。

Live through your heart, speak and act always as a grand master, let it be the way of your "existence". Always ask yourself: "In this case, how a master would do or say?" And then go to the inner world to find the answer.





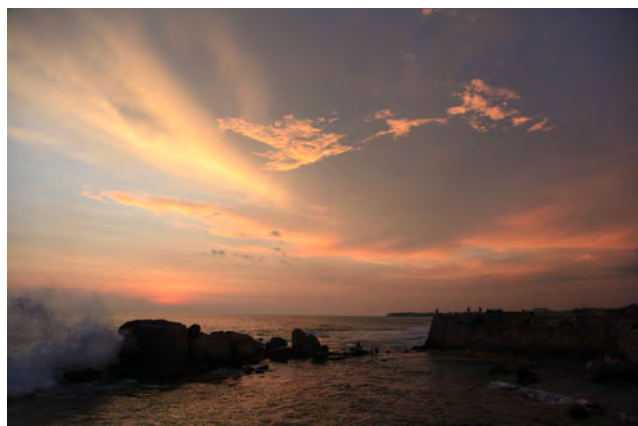
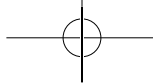
懷抱「無傷害」的意識，尊重和你共享這個星球所有一切不同生命神聖不可侵犯的尊嚴，以及每個生活在這裡的人，他們神聖的權利。

Embrace of the "no-harm" in awareness, respect the sacred dignity of every kind of beings with which you share the planet, the sacred rights of every person.

揚昇的主要目的，你了解自己的神性，以及在你日常生活中「成為它」的程度。

The main purpose of ascension is that you understand your divine nature, so that you “become” it in your daily life.





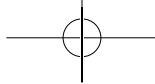
你必須努力地 and 一切事物以及大自然，都永遠保持在和諧的狀態中。因為沒有和諧就會產生紛爭，有了紛爭就會帶來毀壞。

臣服於你需要學到的課題，是快速走過一切問題的主要關鍵，你的生命將會改變。

Submit to the lessons that you need to learn. This is a key which permits you to pass quickly on your problems; your life will then change.



You must do your best to keep a harmonious state with the nature, with everything. Because lack of harmony will generate disputes, and disputes will bring destruction.



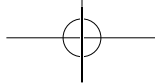
不管別人做什麼或說什麼，「你都必須保持在和諧中」，假如有人傷害你，祝福他們，並持續保持自己的真實。他們不必是你們實相的一部分，因為那對你的目標沒有好處。

No matter what others do or say anything, "You must remain in harmony," If someone hurts you, bless them, and continue to maintain your own reality. They do not have to be a part of your life, because it is not good for reaching your goal.



永遠尋求真實和和諧，  
絕不要再允許自己偏離這條路。

Always seek truth and harmony,  
never again allow yourself to deviate from this path.



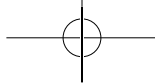
一個處在完全和諧中的人，  
對天地萬物都是滿意的。

One in complete harmony is always satisfied  
with the “ten thousands beings”.



地球目前遭遇的變動與災難，是大自然  
清理失衡和有毒的群體意識的一種方式。

Actual changes and disasters of the Earth  
represent ways that the nature cleans up the  
imbalances and toxic collective consciousness.



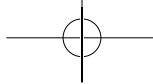
把握住你心中了知和愛的能量。用你存在體的所有面向，對目前遍佈整個星球的新的光能做出承諾。在你心中要知道，任何時刻你都可以連結回到這個愛和慈悲的振動中。

Hold the energy of your comprehension and love in your heart. Make promises throughout all aspects of your existence to the new energy of light of the whole planet. In your heart you should know that at any time you can relink to the vibration of love and compassion.

允許自己去感受那種痛苦和悲哀是很重要的，因為否認或壓抑一個人的痛苦，在身體上或靈性上是很不健康的。過了一段時間，當你準備好時，更重要的是釋放掉痛苦，然後繼續往前走向喜樂。每個人的生命都必須不斷的往前走，因為它絕不會結束。沒有「死亡」這回事，它是第三次元觀念的幻相。



It is very important to allow yourself to feel the pain and sorrow, because it's unhealthy to deny or suppress one's pain, physically or spiritually. After some time, when you're ready, it's important to relieve them, and then continue to move toward to the joy. Life must continue to move forward, because it will never end. There is no such a thing like " death", it is an illusion of the third dimension.



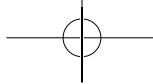
「心是靈魂最大的智慧」，  
大多數人都忽略了內心的聲音。

"Heart is the greatest wisdom of the soul ",  
but most people ignore our inner voice.



地球的地磁線在很多地方交會，其中的一些地方可以讓一個世界去和另一個世界做連結。在某些地方，在某些時候，真的跨越到另一個世界，或是另一個平行世界。

Earth's geomagnetic lines intercross in many places, some of them can make a connection from one world to another. In some places, at some point, we can really leap to another world, or another parallel world.



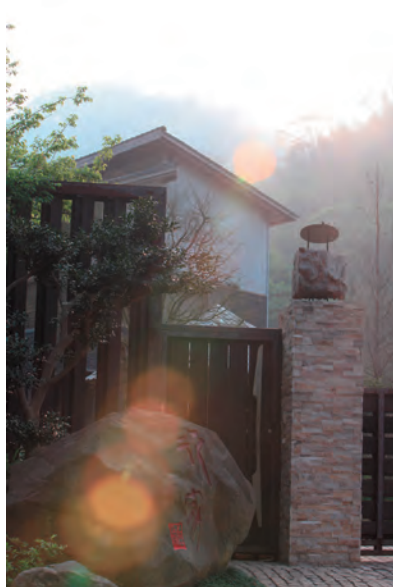
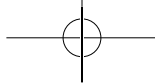
一直以來，人類和靈魂之間的連結，都是透過松果體來進行的。在更高的次元裏，松果體是以心靈感應為溝通的器官。

All along, the connection between the body and the soul is carried through the pineal gland. At higher dimensions, the pineal gland is the organ of the telepathic communication.

要學習看守和保護你自己的能量健全，這對開發你的永生是絕對重要的。每個人都以成熟的方式管理自己的能量場。不管那些能量交流是多麼具有愛心和善意，有一個人得到能量，就有一個人失去能量，除非兩人是在同一個能量水平。想要進入五次元頻率的人，再也經不起輕率地作這種能量交流。

Learn to guard and protect the integrity of your own energy, which is absolutely important to develop your eternal life. Everyone should manage their own energy field in a mature way. Regardless how kind and how gentle those energy exchanges are, one person gets energy, there is an other person loses energy, unless they are in the same energy level. For those who want to enter the frequency of fifth dimension, they cannot withstand this kind of reckless energy exchanges.





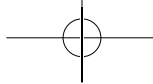
所尋找的青春之泉，永遠都在你的內在。

The “fountain of youth” that you are looking for  
is always within you.

DNA 是另一把鑰匙，  
你必須使你意識進化才能活化它。



DNA is another key,  
you must make your consciousness evolve  
in order to activate it.



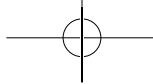
開始生活在你們新的真實裏，  
你所追尋的結果就會隨之出現。

Start your life in the new reality, the  
result that you seek will appear.



為了讓這個世界在光中受到智慧的啟發和  
提昇，每個人都必須擔起「和諧」的這個  
角色。否則身體會因缺乏光而生病，也會  
在新世界因沒有快樂能力而死亡。

In order to make this world enlighten and elevate  
in the light, everybody must take up the role of  
"harmony". Otherwise, the body will become ill due  
to the lack of light; it will die due to the inability  
of joy in the new world .



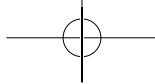
是你注入的愛、包容和慈悲讓情況轉好，把負面變成正面，從那些教導你們的能量中得到智慧。

Your injection of love, tolerance and compassion will allow situations to change for the better, turn the negativities into positive energies. These energies teach you to wisdom.



當你一波又一波愛、慈悲、寬容和祝福送給某個狀況，它就不可能保持原來的樣子。

When you send waves of love, compassion, tolerance and blessing to some situation, it is impossible to maintain the same.

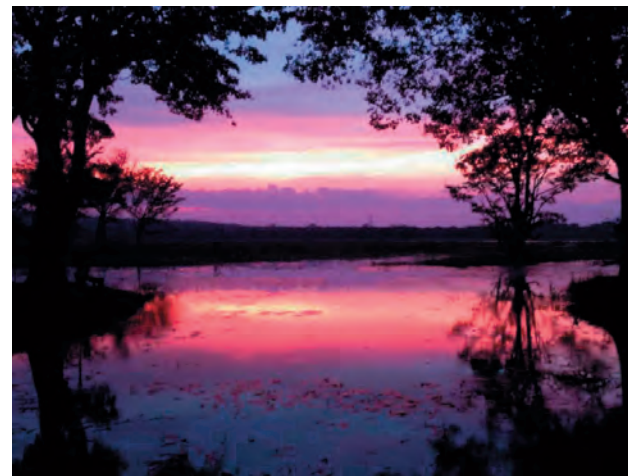


### 配偶之間的問題

假如一開始就想改變什麼，你很可能會錯失良機。你要讓出一個空間給不相同的結果，用愛和寬容找出解答。

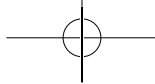
### Problems between couples

If you want to change someone else at the start, you might miss many other opportunities. You need to let out a space for different results, find answers with love and tolerance.



新世界的秩序，是一種與神性大我和造物者全然結合的生命，神性秩序在這裡會很快得到恢復。

New world order is a life combined the divine self and the the Creator. This order will soon be restored.



大多數人都把焦點放在自己想要的結果，  
以致容易忽視了要釋放一些東西。

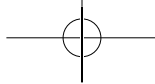


Most people put the focus on the results that  
they want, so that they neglect the need of  
releasing something.

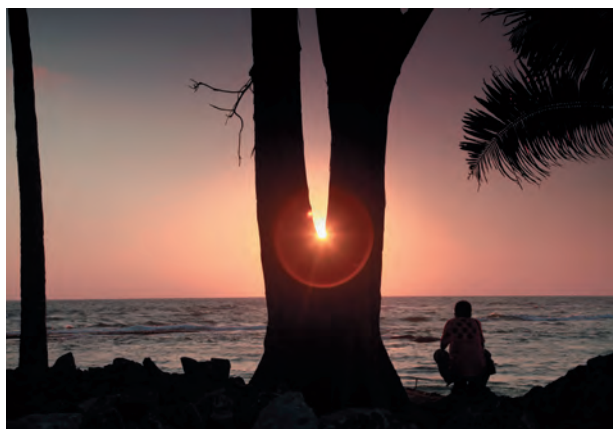


神性的解決辦法，在剛開始可能不是你想  
要的樣子，但不管創造給你什麼，它對你  
靈性的進展永遠都是最好的，也會帶來最  
好的結果。

The solution of the divinity at the beginning may  
not appear the way that you want, but no matter  
what it creates, it will always be the best spiritual  
progress for you, it will bring the best result.



進入新次元需要你的心覺醒，接受真實。其實是取決於，是否提高了愛的層次和光的振動，並且發自內心地去生活，而不是用理性去思考。

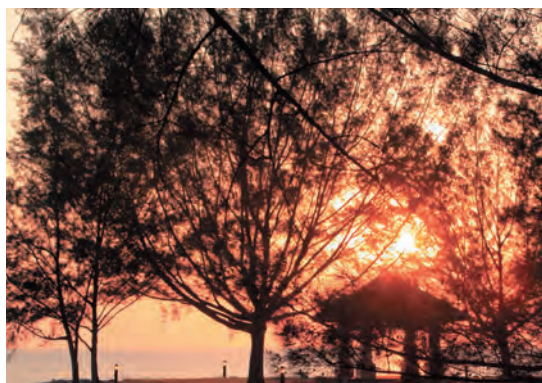
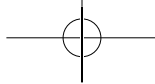


To enter into the new dimension demands awakening of the heart and acceptance of the real. In fact it depends on if you raise the level of love and the vibration of light, if you live throughout your heart, rather than through the rational thinkings.



這個時候，沒有什麼比你們個人靈修和療癒工作更重要了，其他事情只會離開此世的真正目的。假如你們不做，沒有任何人可以替你做。

This time, there is nothing more important than your personal spiritual practice and healing, other things drive you away from your real purpose of coming to this world. If you do not, no one can do it for you.

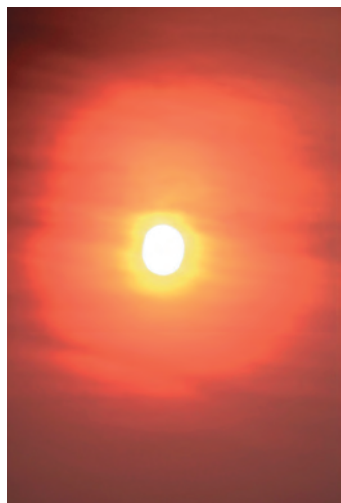
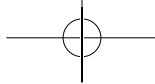


假如你們不願意臣服於你們存在裏「更大的意志」、「神性本源」的意志，如何期望抵達遺忘的天堂的家。

If you do not want to obey to the "greater will," the will of the "divine origin", how can you expect to arrive home, the lost paradise?

現在是嶄新的事物誕生的時候，發展一個更深的靈性意識，正是當前迫切所需的。

Our era is the time when new things born. Develop a deeper spiritual awareness, it is urgently needed.



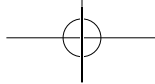
我們都是整體的一部分。因此，我們的行動均會影響整個宇宙的每一個生命個體。

We are all part of the wholeness. Therefore, our actions will affect every individual life of the entire universe.



思想、語言、行動都是能量。你發出去的能量，同等地回到你身上；你如何給予，就會如是獲得。

Thinking, languages, actions are all energies. The energy you send out will come back equally to you. How do you give, you will get back the same.



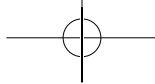
你的思想、言語、行動會吸引相似的事物，進入你的物質生命中，你就是創造你生命中一切事物的力量。

Your thoughts, words, actions will attract similar things into your life, you are the power of creating everything in your life.



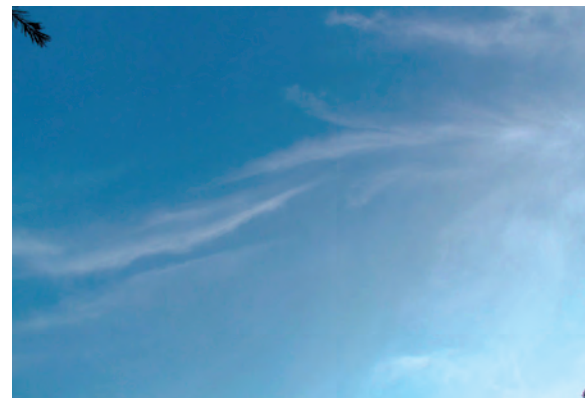
無條件的愛、寬恕與慈悲會帶來恩典，化解業力，並累積祝福。

Unconditional love, forgiveness and compassion will bring grace, resolve karma and accumulate blessings.



當你為自己的思想、言語、行動負起責任，你就掌握了自己的生命，你就能夠以合適的方式回應自己所有的經驗。

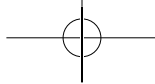
When you take responsibility for your own thoughts, words and actions, you master your own life. You will be able to respond in an appropriate manner all your experiences.



無條件的愛，是一種接受與不執著的心境，沒有情緒的束縛，你會讓自己與他人自由。

Unconditional love is a kind of acceptance and non-attachment state of mind, no emotional bondage, you set yourself and others free.





當得到清明的那一刻，你就能做出決定。這會讓宇宙能量協助你，讓你獲得前進的力量。如果你的意圖是純淨的，你就不會創造業力。

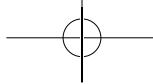


When you are lucid in your consciousness, you will be able to make good decisions. At this time the cosmic energy will help you so that you get the force to move on. If your intention is pure, you will not create karma.

五次元是一種振動，包含了愛、信任、慈悲、堅定的信念。恩典和感激的能量，是一種最純淨的頻率形式。

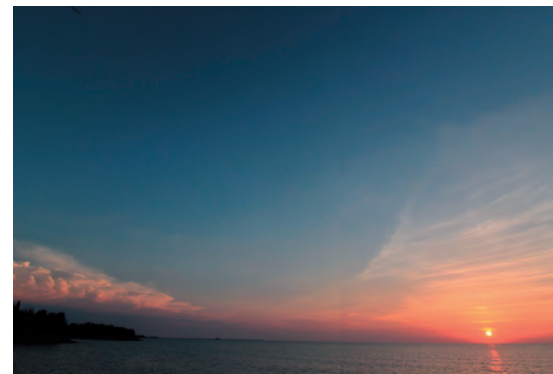


The fifth dimension is a vibration, including love, trust, compassion, conviction. The energy of grace and gratitude is one of the purest vibrations.



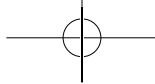
心是一個充滿答案的圖書館，珍惜心提供給  
每一個問題的答案。

Heart is a library full of answers, cherish every answer  
that your heart offers to you.



疲憊並非源自於身體，是因為和自我的  
結合不夠，用盡源頭的能量所產生  
的。每天生活在愛、信任、慈悲、感  
恩和恩典的頻率之外，逐步把你耗  
盡。

Fatigue does not originate of the body, but  
because of the insufficiency of the fusion  
with yourself, of the exhaustion of the  
energy produced by the source. Live outside  
of the frequency of love, trust, compassion,  
gratitude and grace, put you exhausted  
gradually.



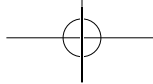
在第五次元，創造之物會立即顯現。在三次元裡，能量移動較慢，為了要得到最後的結果，必須專注在想要創造的東西上，一直到它具顯出來為止。

In the fifth dimension what we create will immediately appear, in third dimension energy moves slowly, in order to get the final result, we must focus on the things we want to create, until the result appears.

真正的智慧，是來自更高視野的心智及更高的意識。

True wisdom comes from the vision of the higher mind, and the higher consciousness.

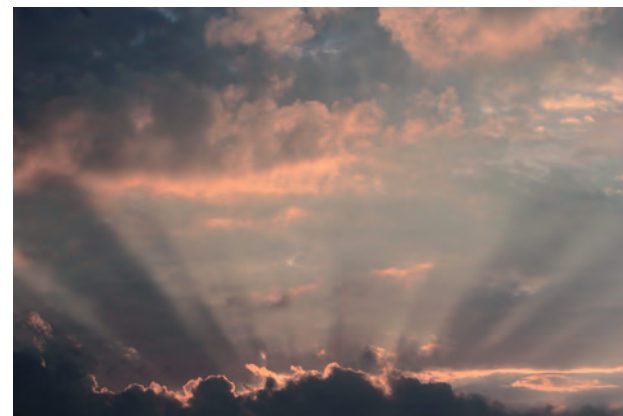




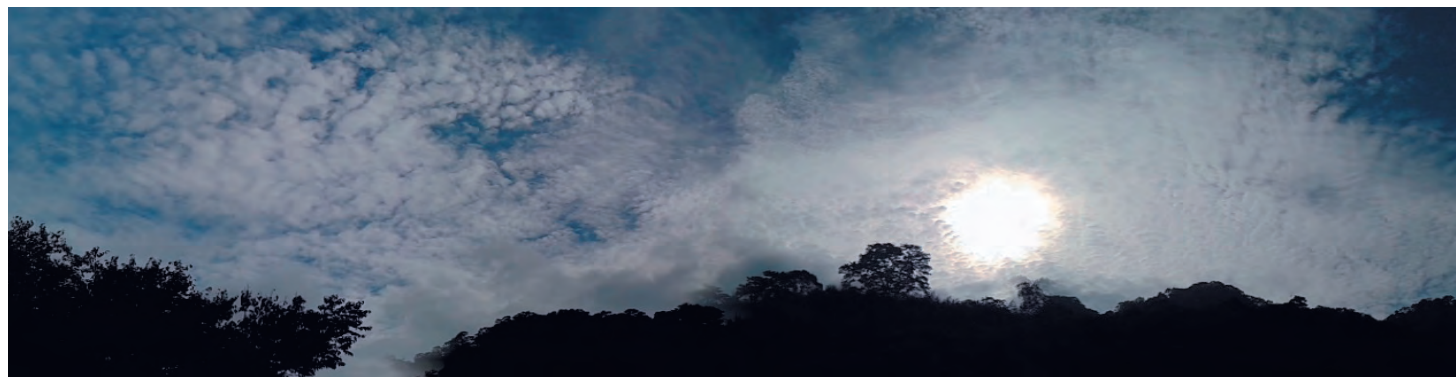
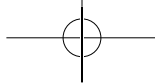
真正的靈性是一個很簡單的概念。真正的靈性是一種存在的狀態，一種單純的意識狀態，它把你帶回神性真正的愛、真正的光和真正的生命。

True spirituality is a very simple concept, a state of existence, a pure state of consciousness, it takes you back to the true nature of Love, the true light and the true life.

神性是無法經由去做很多事而得到的，也不是經由熱切迎合社會、宗教加諸你們的許多規矩可以獲得；它們永遠無法在你們靈魂裡注入真正的靈性。



The nature of divinity is not obtained though a lot of things to do, nor by being eager to meet social, religious rules imposed on you. These things can never inject in your soul the true spirituality.

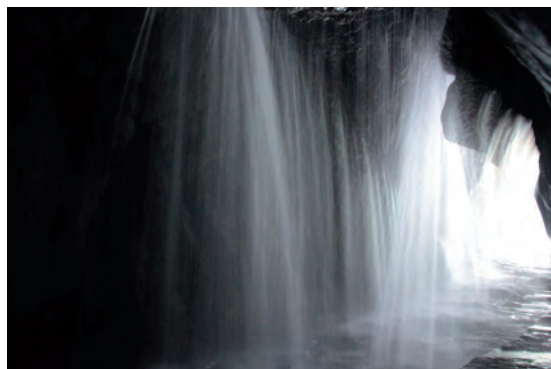
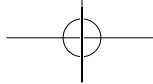


在前往「開悟之道」的途中，學習的課題之所以會出現，是因為你從一開始就創造了他們，錯誤地使用「自由意志」，你在意識或無意識中，創造你的現實狀況。

The reason why the lessons will occur on the road of enlightenment, is that you created them from the beginning, you use wrongly your "free will", conscious or unconscious, you create your reality.

假如用對方法，在生活中你所經驗到的任何負面或困難的情況，都可以被轉變成很精彩的東西。

If the method used is right, any negative or difficult situations that you experience in life, can be transformed into something very exciting.



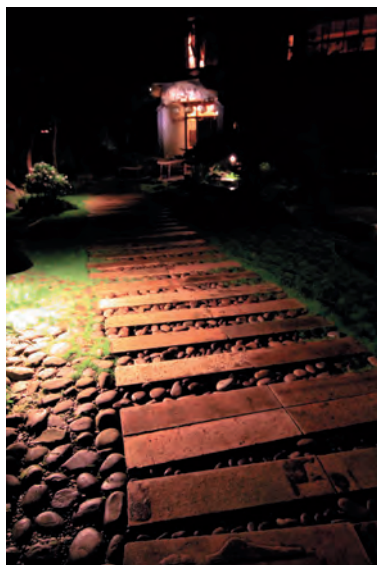
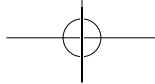
一切存在事物主要的能量全都是一樣的，你充份意識到，當你傷害生命的同時，你也同樣在傷害自己。當你傷害自己或生命，創造的能量會在你周圍產生一個黑暗場域，必須由你來淨化它，是你付出的代價。

The main energy of all existences is all the same, you should fully realize that when you hurt other lives, you are also hurting yourself. When you hurt yourself or others, you create a dark energy field around you. It must be cleaned by yourself – it is the price that you have to pay.



開悟的意思是，允許你本體的所有面向進入意識之光，你願意有意識地面對每個面向。

The meaning of enlightenment is to allow all aspects of your existence into the light of consciousness. You are willing to confront each aspect consciously.

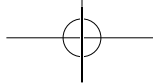


宇宙的秘密在於平衡，你才能讓向外的創造之流保持生氣與活力。

The secret of the universe lies in the equilibrium, then you can maintain the vitality and energy of the flow of creation.

漫步在美麗的花園裏，對這個平靜而安祥的世界敞開心靈，感受自然之美。

Promenade in the beautiful gardens, open the heart to this peaceful and serene world, feel the beauty of the nature.



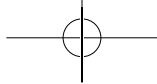
靈性的人生，是以熱忱且不抗拒的態度生活，  
與內心最深處的願望和夢想融合。

A spiritual life, based on the attitude of enthusiasm, do  
not resist to life, integrate with the innermost desires  
and dreams of your heart.



茶道生活教我們學習放下，  
關愛自己，讓喜悅進入生命。

Tea Tao life teaches us to learn to let go ,  
care for ourselves, let joy come into life.



茶道生活教我們覺察自我，喚醒靈感，  
勇於為自己挺身而出。

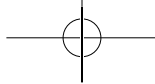


Tea Tao life teaches us self-awareness, wake up  
inspirations, have the courages to stand up for  
ourselves.



茶道生活讓我們走向內在與靈魂連結，  
讓生命富於激情，又充滿寧靜和光。

Tea Tao life let us go inward to the connection  
with the soul, make life full of passions and in  
the meantime full of serenity and light.



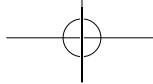
接納靈感，與內在深處的激情連結。我們每個人都帶著使命來到地球，它透過你的激情、你的渴望展現出來。

Accept inspirations, link to the deep inner passions, each of us comes to the Earth with missions, they will be shown up throughout your enthusiasm, your aspiration.

在富裕的社會，人們發現成功和物質財富無法創造真正的快樂和滿足。成功和充實感不同，當你們可以連結並表達自己靈魂的能量，就會在生命裡感受到真正的充實。這就是創造力的本質。

In rich societies, people find success and material wealth can not generate real happiness and satisfaction. Success and self-fulfillment are different, when you can connect and express your soul energy, you will feel real enrichment in your life. This is the essence of creativity.





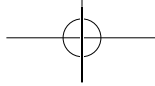
不要把他人的情緒當作你的問題，  
不要讓他人的負面情緒進入你的能量系統。

Do not take the emotions of others as your problems,  
don't let other people's negative emotions infuse into  
your energy system.



人類獨特的力量，就是可以包容許多  
不同的能量，並把它們帶入一個具創  
造性。事實上，這個力量等於把黑暗  
轉化成光明的能力。

The unique power of the humankind is that  
we can accommodate many different energies,  
and put them into creativities. In fact, this  
force is equal to the ability of turning the  
darkness into the light.



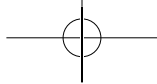
新時代的靈性網路 — 每個人都用適合自己的方式貢獻一分力量。這是一種更順暢、更靈活的合作方式。將合作建立於，每個個體在當下的直覺協調和溝通。

New era's spiritual network — everyone contributes in a suitable way. This is a smoother, more flexible form of cooperation. We establish the collaboration on the coordination and communication of each individual's intuition at the present.



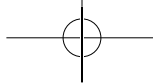
找到內在的平衡，並與他人分享因為這種平衡而獲得的平靜與單純。你想跟世界分享的能量，現在可以輕易地流動。

Through the balanced feeling that inside you, you will obtain serenity and purity, and you can share this with others. This energy that you can share with the world can now flow easily.



請帶著信任，勇敢地告訴世人你知道和感受到的一切。這樣做是為了你，為了療癒自己，幫助自己帶著過去的歷史回到純真。

With confidence, please tell the world bravely what you know and feel. By doing this, you heal yourself, with your past you help yourself back to the purity.

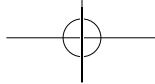


臣服於心靈智慧，是目前地球各大衝突的唯一出路，是和平解決這些衝突唯一的機會。不同種族、宗教或文化的人們之間可能存在的普遍連結感與合一感，是世界和平的基礎。

Surrender to the wisdom of the heart is the only way for the major conflicts of the Earth, the only chance of a peaceful settlement of these conflicts ; this is the universal sense and connectedness of different races, religions or cultures it ; is the foundation of world peace.

從二元性的觀點來看，你是以線性的方式經歷了我們內在發展階段，一步接一步。從永恆的、多次元的角度來看，真正的你並不隨時間發展，而是在體驗發展。從永恆的、靈性自我的觀點來看，你隨時可以為自己啟動任何意識實相，被困於內在某個階段的想法，只是幻相。

From the duality point of view, you experience in a linear way of your inner development, step by step. From the eternal, multidimensional perspective point of view, you do not really evolved over time, you only experience of development. From the point of view of eternal spiritual self, you can start at any time the sense of reality for yourself. Thinking that you are trapped in a stage is just an illusion.



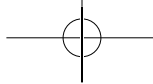
你這趟旅行的真實目的，不是要讓光明戰勝黑暗，而是要超越這些對立面創造出一種新意識，這樣的意識能夠在光明與黑暗都存在時，保持合一。

The real purpose of your trip is not to make light take over darkness, but to transcend these opposites, creating a new consciousness, such awareness can remain unity when light and darkness coexist.

了解自己的本質，才是日常生活中引發改變的最大的磁鐵，所以在物質層面推動改變是沒必要的。關鍵是，要深刻但不帶情緒感受你想擁有的，然後將它交給你的心。

Understand the self nature is the the biggest magnet to change daily life, so it is unnecessary to promote material level of change. The key is to feel deeply, but without emotion what you want to have, and then give it to your heart.





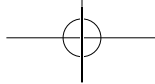
控制的需求底下，總是對失去控制權的恐懼。為了讓事情在控制之中，你現在付出的代價是，對生命的態度變得緊繃而拘束。

Under the desire of control hides the fear of losing control. To keep things under control, you are now paying the price: your attitude towards life becomes tight and binding.



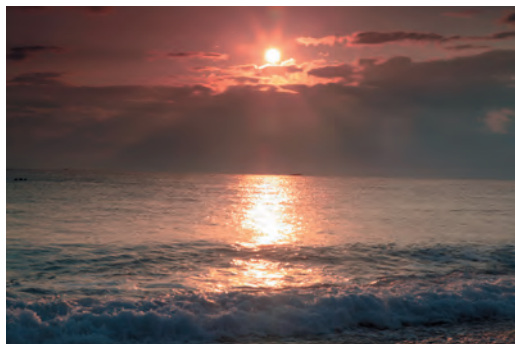
當你依循內在靈感生活，只做為你帶來喜悅的事情時，就會在你生命中建立一個自然而真實的秩序。你會感到輕鬆、快樂，這就是沒有恐懼的生活。

When you follow your inner inspirations, do only things that bring you joy, you create a natural and true order in your life. You will feel relaxed, happy, and this is live without fear.



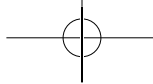
靈性並不是關於光明與黑暗之間的戰爭，  
而是要找到一種超越善惡的意識層次。

Spirituality is not about a war between light and  
darkness, good and evil, but to find a level of  
consciousness which is beyond it.



當你領悟到，你來這裏是要轉化和療癒自己時，事物才會真正開始為你改變，也會為你周圍的人改變。你能為它做的最崇高的事，愛每一個正走過這個實相的存在體，並看見它的美。

When you realize that you come here to transform and heal yourself, things will really start to change for you, people around you will also change. You can do the most noble thing for it. Love every being goes by this reality, and see its beauty.



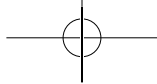
你們因為自我懷疑、評斷、恐懼，以及在情緒和行為的所有面向中沒有表現出愛，因而錯誤地使用了能量。

Because of your self-doubt, judgment, fear, as well as in all aspects of mood and behavior, there is no expression of love, and thus you use incorrectly your energy.



來自造物主本源的能量是充滿愛，假如我們的行為是出自恐懼或其他負面情緒，能量就會遭到誤用或扭曲。

The energy originates from the Creator is filled with love, if our behavior is issued by fear or other negative emotions, the energy would have been misused or distorted.



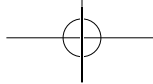
在每個呼吸之間，靈魂把神性帶入。

In between each breath,  
the soul brings in the divine nature .

感恩是一種在能量上對宇宙的告知。



Gratitude is an energy expression for the  
Universe.



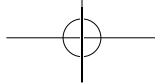
愛是意義深遠的能量，  
它會給一切萬物帶來動力。

Love is a far-reaching energy,  
it will give power to all creations.



恐懼主要是不信任自己的靈感、感覺與直覺。如果懷疑自己的感覺，你會擔心很多，引起一連串的情緒，讓你離中心越來越遠。

Fear comes from the mistrust of our own inspirations, feelings and intuitions. If you suspect your feelings, you will worry a lot, causing a series of emotions, so you leave farther and farther away from the center.



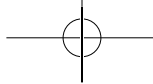
當我們聚在一起時，就在這裡——這個通往地球的開口創造了一個能量場或能量漩渦，所以這個地方是神聖的。

When we get together, right here, we create an energy field or energy vortex opening to the Earth, so this place is sacred.

每一次呼吸，你不但吸入氧氣，還吸入了生命能量，一種超出物質層次，讓你得以活著的宇宙能量。沒有宇宙能量，你就活不下去。你無法只靠氧氣活下去，沒有連結宇宙能量，你連最基本的功能都無法發揮。



Every breath you not only inhale oxygen, but also inhale life energy, which lies beyond the physical level, a cosmic energy that you depend on. No this cosmic energy, you can not live. You can not rely only on oxygen to survive, when there is no link to the cosmic energy, you can not play even the most basic functions.



在雙方關係中，你把理解、支持和鼓勵給你所愛的人，卻不會試圖解決對方的問題。這樣的關係，充滿自由與平靜。

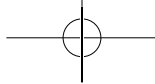


In a relationship, you understand, support and encourage the other one you are in love, but do not try to solve other's problems. Such a relationship will be full of freedom and peace.



雙方在情緒上都是獨立的，伴侶不是來填補他們生命的空白，而是要加入一些新鮮且充滿活力的事物。

In a relationship, the two sides are independent emotionally, partner is not there to fill the blank in other's life, but to add some fresh and vital things.

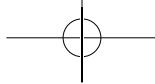


臣服於自己，臣服於你靈魂的熱情，  
也就是孕育了你這一世的靈感。

Obey yourself, obey your soul's enthusiasm,  
you will give birth to the inspiration of your life.

忠於自己的本性，你做起來很自然的事，  
就是你擅長的事。

Be loyal to your own nature;  
things you do quite at ease means that is  
what you're good at.



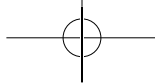
敢於拒絕不適合或不正確的事物，認真對待自己。

Dare to refuse unsuitable or improper things,  
treat yourself seriously.



新時代的合作方式，以心靈為基礎的人際關係，而不是建立在權力和權威之上的合作關係；是以內心感受和互動為基礎，開放而靈活的合作關係。

The cooperation of the new era, is a soul-based relationship, but not a partnership established on power and authority. Based on interaction and inner feelings, it will be an open and flexible



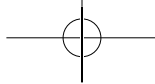
在這個時期，沒有必要為了覺醒而加入某個團體、社群或學派。一旦覺醒，你便會突然遇見許多與你的能量產生共振的人，這是由眾多獨立個體組成眾多網路的時代。這些獨立個體，以各自不同的專長補充彼此的不足，每個人代表集體靈感的一個面向，在互動中成長。

In this period, there is no need to join a group, a community or a school for awakening. Once awakened, you will meet suddenly many people with whom you have the energy resonance. This is a period when a number of independent individuals form the network. These independent individuals complement each other's deficiencies with their different expertise, each person represents one aspect of collective inspiration, grows in the interaction.



向內看調整自己的人，是走向覺醒之路。  
向外看，調整別人的人，是走向痛苦之路。

The ones that look inwards to adjust themselves are on the awakening road, the ones look outwards to adjust the others, are on the way of suffering.



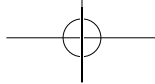
成熟關係的基礎是喜悅、自在與相互啟發的結合。相互之間很輕鬆，很友好，你不試圖改變對方，接受它的獨特性。

Mature relationship is based on joy, freedom and mutual inspiration combination. Between each other very relaxed, very friendly, you do not try to change the other one, accept its uniqueness.

如果你感受到自己在工作中充滿靈感和喜悅，可以肯定是內心所願，你周遭環境也會完全接受你。

只有在付出與接受平衡下，你的內心才會真正喜悅。你才會感受自己被源於靈魂的能量流—激情與熱情承載著。

If you feel inspiration and joy in your works, you can be sure is your inner wish, you will totally be accepted by your surroundings. Only in balance of giving and receiving, your heart will truly delight. You will then feel that you are carried by the passion and enthusiasm – the energy flow issued by the soul.



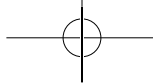
開放心去尋求平衡自己內在存有的  
陽性與陰性的磁極力。

Open your heart to find a balance between  
the internal positive and negative magnetic  
poles .

個人和地球的提昇，需要的是你的  
心覺醒並接受真實。

The elevation of individual and the  
planet needs your heart's awakening, to  
accept the reality.





單純抱持生命全然的喜悅，  
遠比雙手所能完成的工作豐富多了。

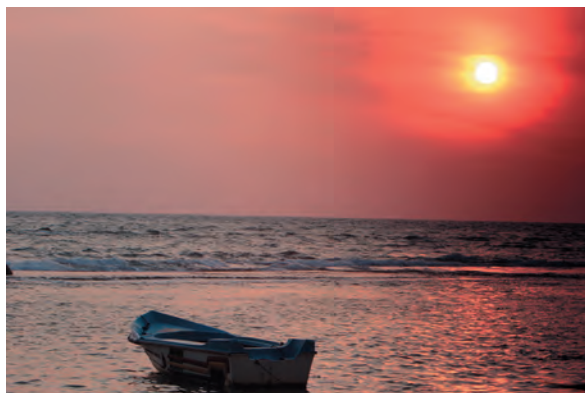
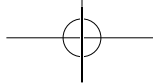


Simply hold the pure joy of life, that is much more abundant than works that our hands can accomplish.



擁有無盡的愛心對待自己和別人，包括所有生命。

Treat yourselves and others with endless love,  
including all lives.



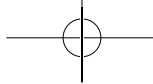
清理與治療你們過去與現在所有負面的情緒與思想。

Clean and heal all the negative emotions and thoughts of your past and present.

宗教教導的是揚善去惡。而靈性是要找到超越善惡的一種意識層次，找到可以理解和接受所有事物的地方。



Religion promotes good to evil. But spirituality is to find a level of consciousness beyond good and evil, find understanding and acceptance of all things .

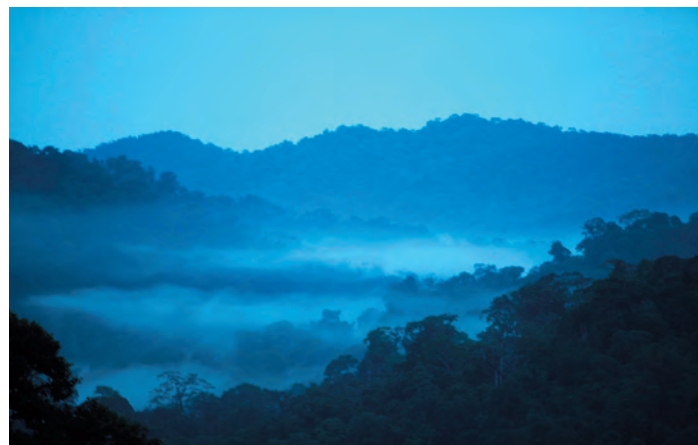


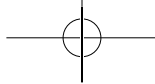
不管別人做什麼或說什麼，你都必須保持在和諧中。他們不必是你們實相裡的一部份，那對你的目標沒有好處。

No matter what others do or say anything, you must remain in harmony. Others do not have to be part of your reality; it is no good for your goal.

你自願放棄你人性的自大，  
臣服於偉大神聖的自我。

You voluntarily give up your humanity  
arrogance, surrender to the divine greatness.





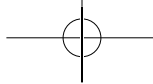
假如你們可以感受到你們是多麼深深地被愛著，你們的痛苦和憂慮就會立刻溶化成一個永恆的喜樂之泉。

If you can feel how deeply you are loved, your pain and anxiety will immediately melt into a fountain of eternal joy.



神性是無法經由去做很多事，迎合社會、宗教的許多規矩可以獲得的。它們永遠無法在你們靈魂裡注入真正的靈性。和神性本質在愛中和諧交融時，就可以做到。

The nature of divinity is not obtained though a lot of things to do, nor by being eager to meet social, religious rules imposed on you. These things can never inject in your soul the true spirituality. You can reach it by being harmoniously in fusion with Love and the essence of divinity.



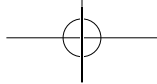
在這個地球的過渡時期，  
你需要全然的承諾和參與才能得到轉化。  
這是為自己完成最重要的任務和使命，  
並成為想要做的大師的時候了。

In this transitional period of the Earth, you need  
to utter complete commitment and involvement to  
accomplish your most important tasks and missions,  
and it's time to become masters.

你們內在有一條河流，  
裏面有生活、愛、無限的豐盛，  
和渴望得到的一切完美禮物。

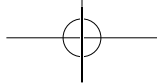
You have an inner river, which contains life,  
love, infinitely richness, and every perfect gift  
that you want to have.





每天要用卓越的、美好的、有啟示作用的東西，  
去滋養你的心和靈魂。

Every day, use excellent, elegant and enlightening things  
to nourish your heart and soul.



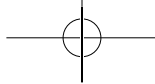
每天用任何你可以找到的方法擴展意識，  
例如靜心、和大自然溝通。

Every day use any way that you can find to extend  
awareness, such as meditation, or communicate  
with the nature.

愛是一種力量和一種波動，  
愛是光的最初本質，  
萬物皆在其中被創造出來。

Love is a force and a wave,  
Love is the first essence of light,  
in which the ten thousands of  
beings have been created.



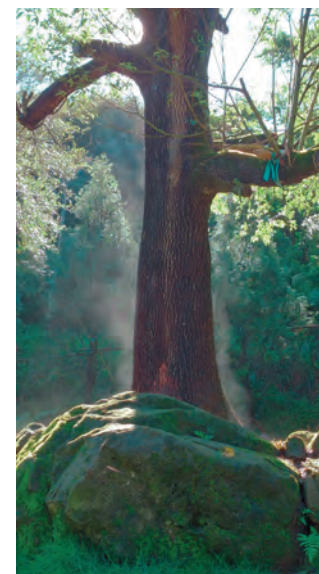


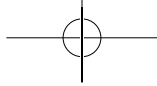
在未來世界，評斷人類不是根據他的財產、地位、名譽，而是根據他「是」什麼，根據他靈魂所達到的層次。

In the future society, people don't judge others by his wealth, position, reputation, but according to his "being", according to the level achieved by his soul.

愛是一切存在中最高超的元素和波動。

Love is the highest level of all elements and waves.

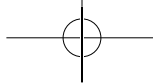




沒有預設的想法，  
在喜悅、感恩和出其不意中等待。

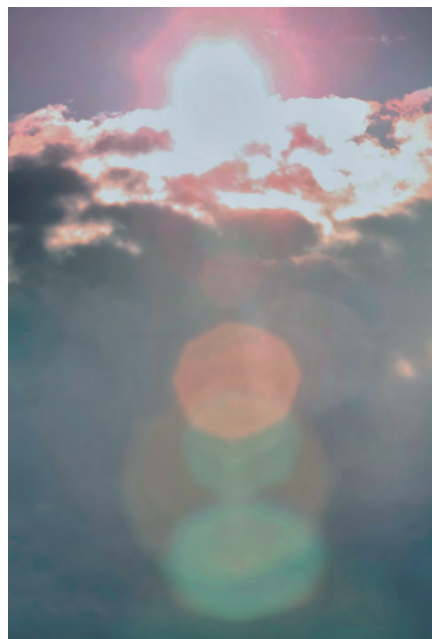
There is no preset idea, only waiting in joy,  
gratitude and surprise.





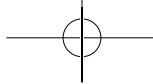
慶祝環繞地球的新振動。  
我們帶著失落已久的喜悅歡慶著，  
今天它在每一個人的內在又重生了。

Celebrate the new vibration around the Earth.  
We celebrate with a long-lost joy, today it is  
reborn in everybody.



把對自己沒有益處的東西交託出去，把你  
抓得這麼緊的能量全部釋放出來。它會幫  
你把所包含的局限和負擔解除，你所抱持  
的能量也可以被轉化。

Consigning things without benefit to you, release  
the energy that you seize too tightly. It will help  
you to delivery your limitations and burdens, your  
energy can be transformed.



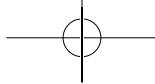
真正的靈性是一個很簡單的概念，只是如何「存在」於神性之中，以及如何彰顯它。靈性是一種單純的意識狀態，把你們帶回神性真正的愛，和真正的生命。

True spirituality is a very simple concept, only about how to "exist" in the divinity, and how to manifest it. Spirituality is a pure state of consciousness, take you back to the divine true love, and true life.

覺知的狀態一定來自你心的認知，  
而不是來自你的心智。

The state of awareness must come from  
your heart's comprehension, but not from  
your mind.





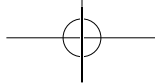
現在是發展前進的時候，不要回頭。  
讓舊日飄逝，擁抱一個新世界。

Our era is one of development and  
advancement; do not look back. Let the old  
days be gone with the wind, embrace a new  
world.

要進化到高等意識，所牽涉到錯誤的信念系統，占領你們的意識。神的心智是一種宇宙意識，它知道一切，而且不受侷限。人類的心智進化時，是要和神的心智結合。

To evolve into higher consciousness, the wrong belief systems are involve; they dominate your consciousness. The mind of God is a cosmic consciousness, it knows everything, and without limitations. The mind of humankind must be combined with the mind of God for its evolution.





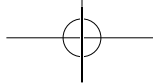
不要為消失的東西而難過，  
而是要為重新出現的東西而慶賀。

Don't be sad for disappeared things,  
but celebrate the new appeared things.



這個世界是一面鏡子，你用意念、言語  
和感受創造出什麼，宇宙便會給你相同  
的東西。

The world is a mirror, you use ideas, words  
and feelings to create, the universe will give  
you back the same thing.



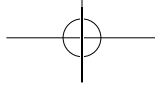
在自己的欲望和所有人的更大利益之間，  
在和諧中取得平衡。

Between our own desires and the interests of all  
people, strike a balance in harmony.

以一種愛與溫和的方式學習課業。可以在  
自在和恩典中學到相同的寶貴的課題，並  
不是一定要經歷痛苦和困難才能學到。抗  
拒打開心房接受更高更簡單的方法，是造  
成生活辛苦的原因。

In a love and gentle way to learn tasks. You can  
learn valuable topics at ease and grace. You don't  
have to go through pains and difficulties to learn.  
Refuse to open your heart to accept a higher and  
easier way, is the reason for hard living.





世界上並沒有受害者，所有你日常生活中遭遇到的狀況，不管是全球或個人的，都在顯現我們創造出來的結果。每個人必須完全了解，在每一個當下所具有的創造力。

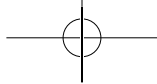
There are no victims in this world; all situations that you encounter in daily life, whether they be global or individual, are revealed what we created. Everyone must be fully conscious of the force of creativity of each moment.



聆聽自己靈魂之內能量跳動的感覺。

Feel the dance of the energy inside your soul.





喜悦是一種純真的經驗。

Joy is a pure experience.

知曉來自經驗裡的純真。

Know the purity from experiences.





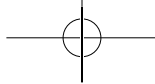
心之能量的兩個特徵，是「輕鬆的流動」和「豐盛的流動」，也就是所謂「充足之流」。生命中真正的豐盛，源自心的能量。

The two features of energy of the heart, "easy flow" and "ample flow," are also known as "abundant flow"; real richness comes from the heart energy.



讓自己的能量流入這個世界，並為自己的努力接受充足的回報，才能成為健全靈性的人類。

Let your energy flow into this world, and for your own efforts you receive an abundant return. Become spiritual healthy human beings.



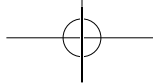
輕鬆的流動 — 當事情毫不費力就成功，你需要的一切自動出現在你的路途上時，就表示你正在跟隨自己心的流動。

Easy flow — when things effortlessly succeeds, everything you need automatically appear on your road, it means that you are to follow your heart's flow.



充足之流 — 你對自己所擁有的感到滿足與感恩，找到讓你覺得快樂，讓你覺得自己活出了生命的極致的流動。

Ample flow — you feel satisfied and gratitude with what you have, find the flow which makes you feel happy, makes you feel to live out your lives in the extreme way.



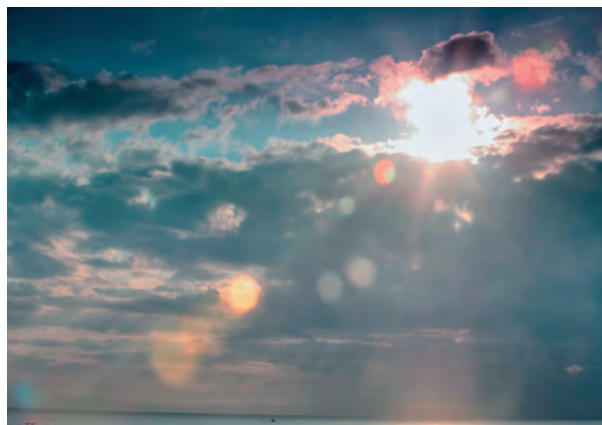
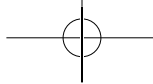
當你與世界分享自己靈魂的天賦時，這個世界會變得更加美麗、閃亮。然後它也會讓你獲得充足，作為回報。

When you share with the world the gift of your soul, this world will become more beautiful and shiny. Then it will return to you get as a reciprocation.



宇宙是以豐盛為動力而運作，你可以成為流動的一部分。只要你敞開來，接受自己真實的本質，純粹而無條件的愛。

Universe functions with abundance, you can become part of the flow as long as you open your heart and accept your true nature, pure and unconditional love.



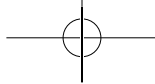
光的強力灌注，造成來自黑暗的強力反應。光要釋放被束縛的能量，黑暗則是一種想要壓抑和控制的能量。一方獲得力量，另一方就會反擊。

The injection of strong light causes strong reactions from the darkness, the light energy releases the bounded energy, the darkness is a kind of energy who wants to suppress and control, the one gains strength, the other party will fight back.

每當你要別人改變時，你就不在愛與寬容的空間裡。



Whenever you want to change others, you are not in the space of love and tolerance.



不要在情緒上和你所幫助的人有所牽扯。

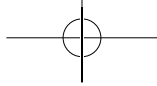


藉由與他人分享自己，你提供一個療癒的空間。



Do not involve emotionally with the people that you help.

By sharing with others your own experiences, you provide a healing space.



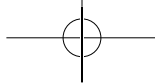
教導是透過你「做自己」而發生的。

Teaching comes through "being yourself".



真正的你，並不隨著時間發展，  
而是在體驗發展。

The "real you" is not developed by the passing of  
time; instead, you are developed by experience.

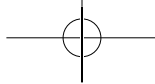


時鐘時間是擺脫和你的經驗的最大企圖，  
是個華麗的幻相。

“Clock time” is the biggest attempt to separate  
you and your experience; it is a gorgeous  
illusion.

你說某人是「老靈魂」，  
涉及的「時間」，其實是指「經驗」。

When you say someone is an "old soul", the  
“old” does not mean the old in "time", but  
rather the old in “experience”.



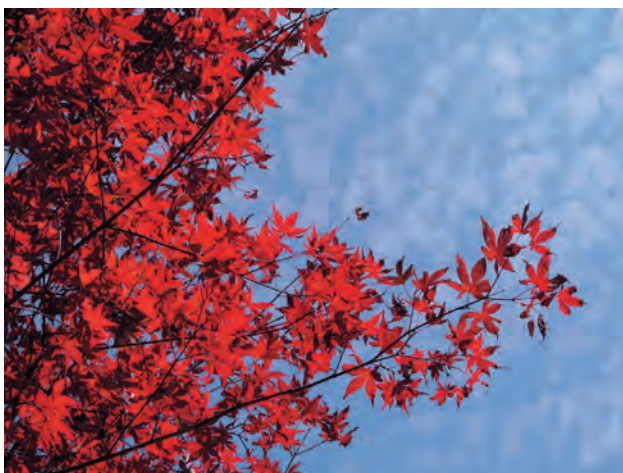
你是你自己的主人，  
卻常常把自己的力量交給外在的權威。

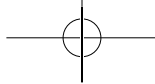
You are your own master, but often consign  
your own forces to external authority.



形象是一種施加權力的手段，  
可以讓人屈從並與自己的真實需求分離。

Image is a meaning to exert power, it can make  
people subservient and separate with their real  
needs.





與內在核心連結，讓你的光閃耀。

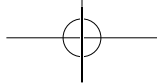


Link with the inner core, let your light shine.



接納靈感，成為未來的自己。

Open your heart to inspirations,  
become the future you .



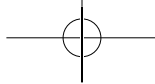
偉大的事物，總以輕鬆的心來完成。



你需要的一切已經在你之內，  
你現在就身在自己渴望的天堂裏。

You have everything you need within you,  
you are already living in the desired heaven.

Great things always accomplished with a relaxed mind.

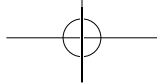


用卓越的、美好的、有啟示作用的去滋養心和靈魂。

With excellent, wonderful, enlightening things to nourish the heart and soul.

進化是這一世最深切的欲望和焦點。

Evolution is the deepest desire and focus of this life.



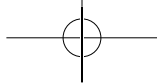
敞開心靈，敢於生活，敢於信任生命。

Open your heart, dare to live, dare to trust in life.



心靈上的連結，消融了一切界限。

Spiritual connection melts all limits.



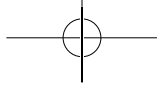
讓你的心傾聽靈魂的召喚。

Let your heart hearken the summon of the soul.



輕鬆的流動，豐盛的流動。

Easy flow, ample flow.

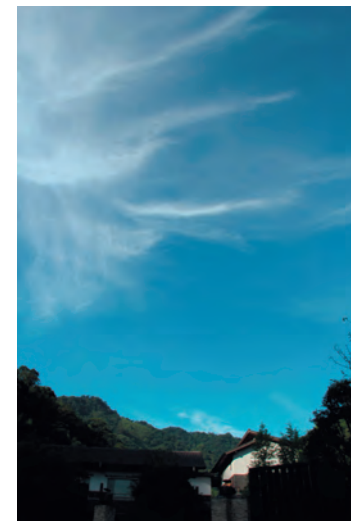


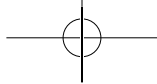
活出生命極致的流動。

Live out a life of extreme flows.

永遠保持著輕鬆活潑好玩的本質。

Always maintain a relaxed lively vivacious nature.





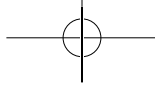
靈感在哪裏，你就在哪裏。

You are where your inspiration is.

講真話是最好的讚美。

Words of truth are the best compliments.





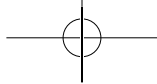
從心所欲的輕鬆與豐盛。

Live with Ease and abundance at your heart's desire.

當下讓生命如花盛開。

Live in the present like a flower in full bloom.





讓我們為大地歌唱，為世界注入更多光與愛。

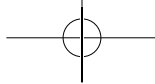
Let us sing for the earth, for infusing more light and love to the world.



看一棵樹，聆聽鳥語，萬物在生命流動中綻放。

Contemplating a tree, listening to the birds; every being blooms in life flow.





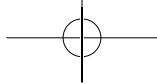
感受自然的美麗，接納心的指引，融入愛的海洋。

Feel the beauty of the nature, accept the guide of your heart, fuse into the ocean of love.

心領會，自由行，擁抱一個新世界。

Aware by the heart, travel freely,  
embrace a new world.





看行雲，聽流水，開啟豐盛的未來。

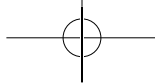


Contemplating clouds floating,  
listening to running water,  
open an abundant future.



眺望美麗的日出，溫暖每一個生命，  
每個人夢想成真。

Overlooking the beautiful sunrise, warm every  
life, let everybody's dream come true.



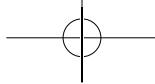
自然美，神性美，飛舞靈性的光彩。

The beauty of the nature, the beauty of the  
divine, dancing spiritual light rays.

是幸福，是恩典，成為自己的光明。



Happiness, grace, become your own light.



風帶來遠方的問候，  
雨帶來天上的祝福，  
陽光讓生命奔放。

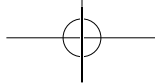


Wind brings greetings from faraway,  
rain brings the blessings of heaven,  
the sun shine makes life free.

一體光芒，一體圓滿意識重現人間。



The light and perfect consciousness of the  
Wholeness reappears in the world.



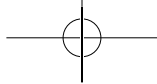
充滿光明、和平、富裕，生命永遠延續。

Filled with light, peace and prosperity,  
life perpetuates in eternity.

由愛而來，因愛而去，聖愛永恆傳遞。

Come from love, back to love,  
the divine Love transmits forever.





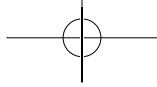
美好世界，騰出空間，讓內在太陽發光。

Make spaces for a wonderful world; let your  
inner sun shine.



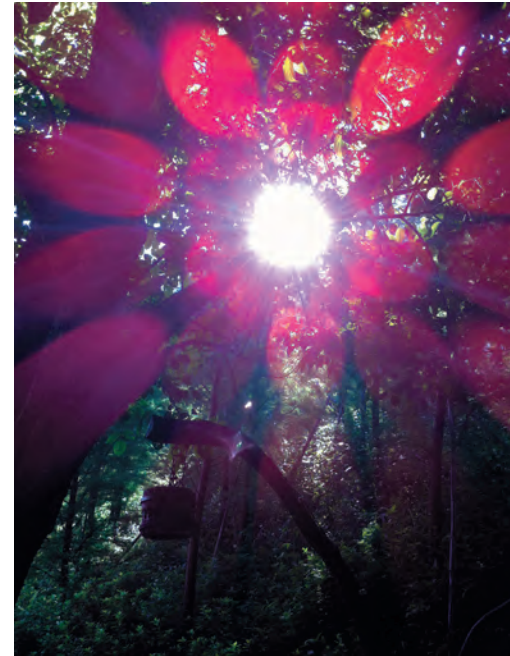
一起建造，神妙奇特，恆久黃金時代。

Built together, marvelous and fabulous,  
a long-lasting golden age.



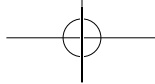
一起合作，心手相連，重拾光輝記憶。

Together hand in hand,  
regain the luminous memories.



感恩天地，萬物給予，真愛永不止息。

Grace for the world, all things given,  
love never ends.



何風細語 — 神性之美

Breeze of the Soul — the Beauty of the Divine

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